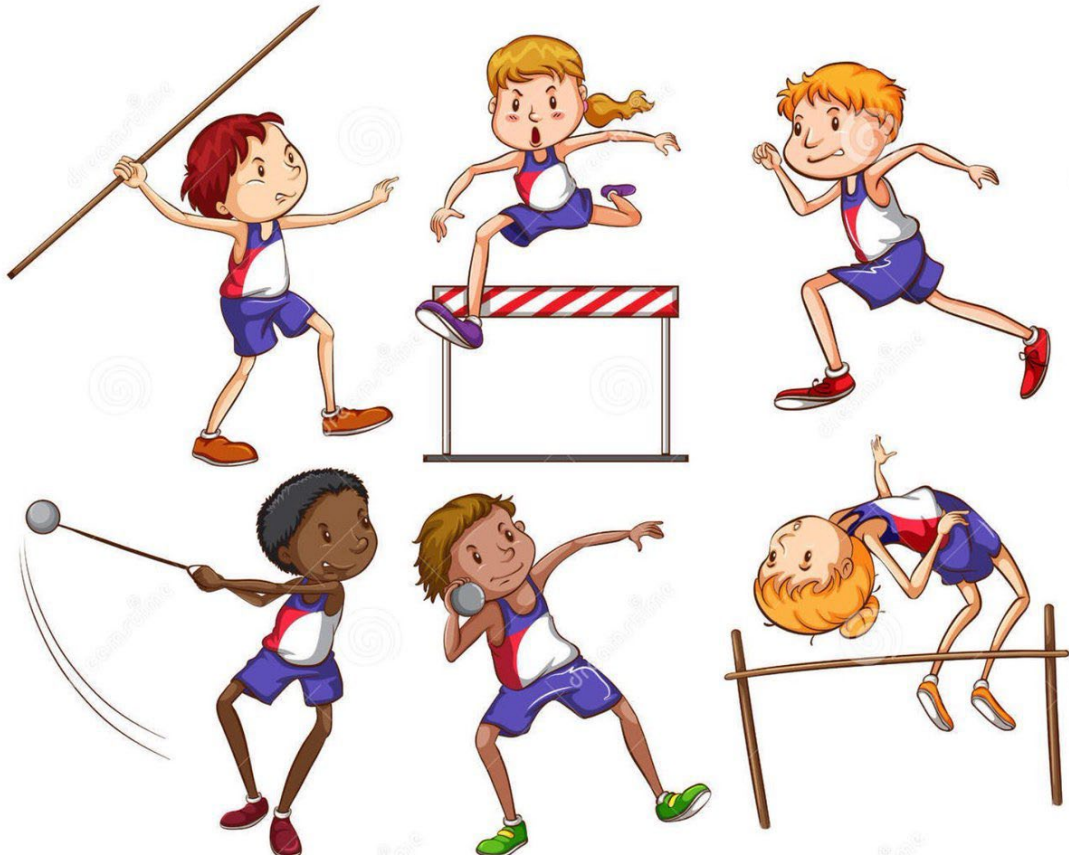




MONA VALE PUBLIC SCHOOL

ATHLETICS CARNIVAL



Monday, 5th August 2024

Sydney Academy of Sport

8.30	M/F	J I S	800m & 1500m
9:30	M	S	200m
9:30	M	I	200m
9:30	M	J	200m
9:30	F	I	High Jump
9:30	F	J	Shot Put
9:30	F	S	Long Jump
10:10	M	S	100m
10:10	M	I	100m
10:10	M	J	100m
10:10	F	S	High Jump
10:10	F	I	Shot Put
10:10	F	J	Long Jump
10:50	M	S	Recess/Lunch
10:50	M	I	Recess/Lunch
10:50	M	J	Recess/Lunch
10:50	F	J	High Jump
10:50	F	S	Shot Put
10:50	F	I	Long Jump
11:30am Swap locations			
12:00	F	S	Recess/Lunch
12:00	F	I	Recess/Lunch
12:00	F	J	Recess/Lunch
12:00	M	S	High Jump
12:00	M	I	Shot Put
12:00	M	J	Long Jump
12:40	F	S	100m
12:40	F	I	100m
12:40	F	J	100m
12:40	M	J	High Jump
12:40	M	S	Shot Put
12:40	M	I	Long Jump
1:20	F	S	200m
1:20	F	I	200m
1:20	F	J	200m
1:20	M	I	High Jump
1:20	M	J	Shot Put
1:20	M	S	Long Jump
2:00			Clean House area

M- Boys' events F- Girls' events

Age as of Dec 31 2024

S- Seniors (12 and 13 year olds)

I- Intermediates (11 year olds)

J- Juniors (8,9 and 10 year olds)

The Pittwater Zone Carnival will be held on Monday 19th August, 2024 at Sydney Olympic Park Athletic Centre Warm Up Arena Homebush

Allocation of Points

Heats: 1st – 3 2nd – 2 3rd – 1

Finals: (100m only) if time permits

1st – 6 2nd – 4 3rd – 2

200m, 800m and 1500m and field events are held as finals

Past Champion Houses

2019 – Hawkesbury

2020 – Hawkesbury

2022 – Warringah

2023 - Warringah

2024 House Captains

Barrenjoey

Captains: Timmy Linev, Amy Byrnes

Vice-Captains: Lucas Xu, Mila El Nekave

Warringah

Captains: Sireli Noilea-Tani, Lila Sinclair

Vice-Captains: Jackson Harris, Isla Moylan

Hawkesbury

Captains: Rafi Froggatt, Daisy Mannall

Vice-Captains: Kai Davies, Matilda Wicks

Pittwater

Captains: Fadi Papagan, Mayah McDonald

Vice-Captains: Kai Whiffield, Jasmine Stojic

	High Jump	Shot Put	Long Jump
Junior Boys	Felix Birke 1.29m 2017	Rylee Cavallaro 9.20m 2019	Freddy Chidambaram 4.19m 2019
Junior Girls	Milla Lawrence 1.5m 2017	Rachel Fear 7.7m 2010	Milla Lawrence 3.98m 2018
11yrs Boys	Felix Birke 1.39m 2018	Cruz Death 11.23m 2019	Luke Davie 4.6m 2019
11yrs Girls	Milla Lawrence 1.33m 2019	Annabelle Delohery 9.09m 2020	Milla Lawrence 4.0m 2019
Snr Boys	Will Allan 1.43m 2015	Henry Major 9.87m 2009	Prince Kamara 4.96m 2019
Snr Girls	Aria Patterson	Bianca Raffin	Marnie Castle
Event	1.35m	Boys 8.06m	4.20m Girls
200m - Junior	James Boyd 2019	2016 28.3	Zoe Shirdon 2016 31.98
11yr	Lachlan Byrnes 2020	28.9	Olivia Davanzo 2011 30.10
Senior	Owen McNicol 2017	27.78	Zoe Shirdon 2018 29.60
100m - 8yr	Prince Kamara 2015	15.97	Mimi Slowik 2023 16.60
9yr	Prince Kamara 2016	14.21	Amara Froggatt 2019 16.32
10yr	Lachlan Byrnes 2019	14.15	Imogen Rabbitts 2023 15.23
11yr	Luke Davie 2019	13.62	Olivia Davanzo 2011 14.76
12yr	Matty Macarthur 2016	13.77	Zoe Shirdon 2018 14.28
13yr	Connor McCann 2018	15.69	Daniella Glur 2015 18.02
800m - Junior	Rafi Froggatt 2023	2.43.53	Nevaya Cooper 2023 3.00.41
11yr	Archer Thornthwaite 2019	2.41.6	Mia Sams 2018 2:50.80
Senior	Matty Macarthur 2016	2.44.39	Zoe Shirdon 2018 2.46.30
1500m- Junior	Charlie McDermott 2023	5.57.80	Zalia Stevens 2023 6.11.99
11yr	Archer Thornthwaite 2019	5.29.90	Matilda Bridge 2019 6.03.80
Senior	Jaime Pfeiffer 2019	5.45.40	Mia Sams 2019 5.31.08

BARRENJOEY

HAWKESBURY

PITTWATER

WARRINGAH

Bulla, bulla, bulla

Hawkesbury, Hawkesbury,

10,20,30,40,50,

Strawberry shortcake,

Bang, bang, bang

Rah, rah, rah,

Or more,

Huckleberry pie

We are the members of

We are going to win

Pittwater, Pittwater,

V-I-C-T-O-R-Y

The Barrenjoey gang.

Today.

Rolling up the score.

This is how you spell it,

Whoever we meet,

We will conquer all the

Right up there,

This is how you yell it,

We defeat,

Rest,

Playing it fair.

Warringah, Warringah

Bulla, bulla, bulla

Hawkesbury, Hawkesbury,

Always at the top,

Rah, rah, rah,

Bang, bang, bang

Is the best.

We'll be hard to stop.

W-A-R-R-I-N-G-A-H

B-A-R-R-E-N-J-O-E-Y

H-A-W-K-E-S-B-U-R-Y

P-I-T-W-A-T-E-R

Warringah!

Barrenjoey!

Hawkesbury!

Pittwater!