



Mona Vale Mail

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Welcome to
WEEK 7!

Reminder:

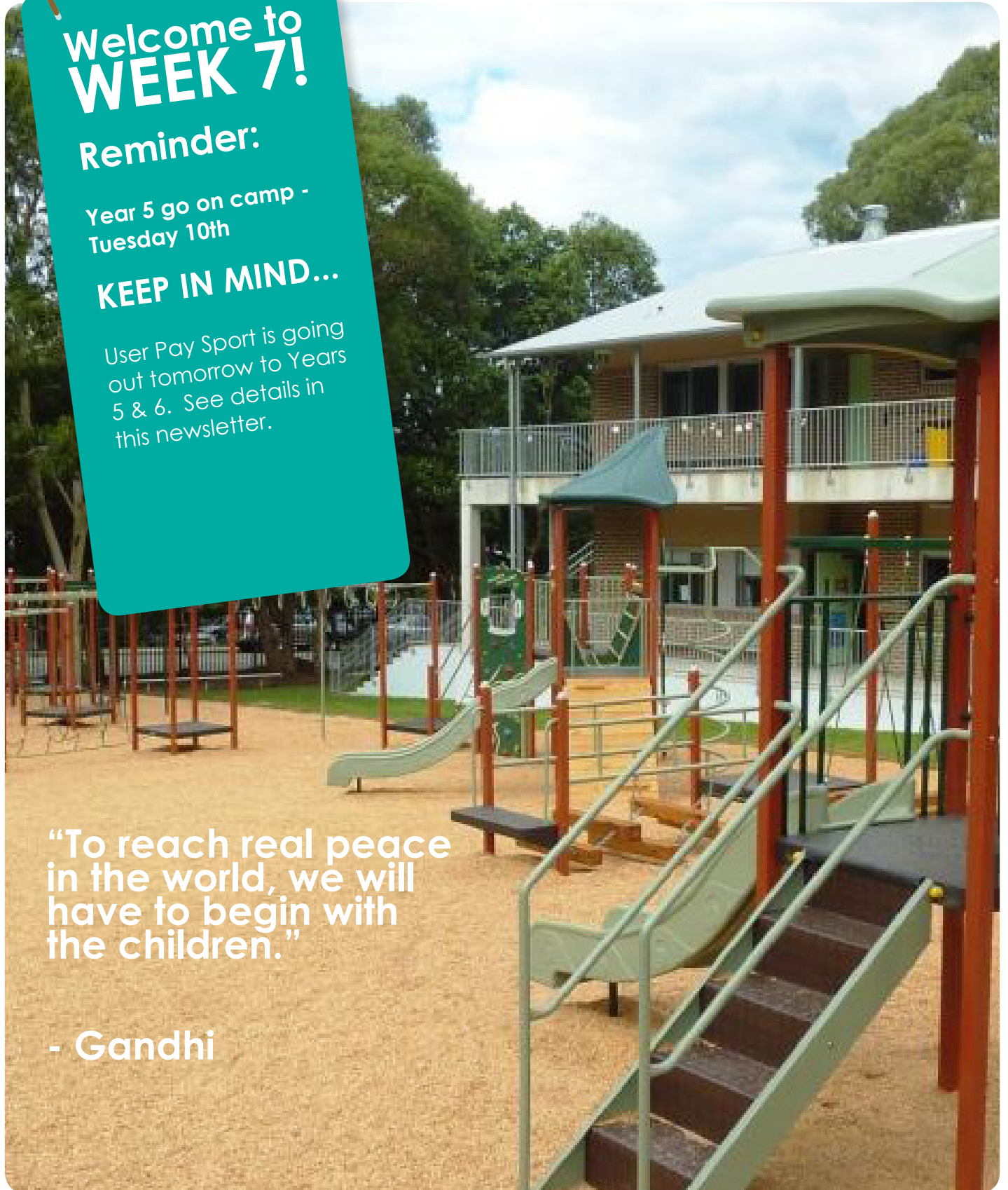
Year 5 go on camp -
Tuesday 10th

KEEP IN MIND...

User Pay Sport is going
out tomorrow to Years
5 & 6. See details in
this newsletter.

**"To reach real peace
in the world, we will
have to begin with
the children."**

- Gandhi





Calendar

Mona Vale Manners

Week 8

Look at people
when they
are speaking
to you.
Have 'eye
contact'.

(begins Monday 9th September)

WEEK 8

MONDAY 9th

Year 4 @ Museum of Applied Arts
& Sciences Observatory

Year 5 Top 40 Dancesport Gala
Evening

TUESDAY 10th

Year 5 Camp

Year 4 @ Museum of Applied Arts
& Sciences Observatory

WEDNESDAY 11th

Year 5 Camp

THURSDAY 12th

Year 5 Camp

FRIDAY 13th

Year 5 Camp

WEEK 9

MONDAY 16th

TUESDAY 17th

7:45am ICAS English

7pm Class Parent Rep Meeting

7:30pm P&C Meeting in Staffroom

WEDNESDAY 18th

Honour Assmebly

THURSDAY 19th

7:45am ICAS Maths

FRIDAY 20th

Year 2 Disco



From the Office

Administration Hours:

8:30am - 3:15pm

Notes On The Website

Please check the notes on the website regularly.

Year 3-6 User Pay Sport Term 4

Booking lines will be open for User Pay Sport tomorrow for Year 5 & 6. An app message will be sent with instructions on how to book and pay tomorrow when the system is live. Year 3 & 4 please stay tuned to the school app next week for when your booking lines open.

We are opening the lines for Year 5 & 6 together as Year 5 have a busy week with Dancesport and Camp next week. We don't anticipate any sports to be booked out by Year 6 alone, so we are confident that adding Year 5 at the same time this round will not disadvantage any Year 6 students.

User Pay Sport will be offered to students in Years 3-6, who are not in a Summer PSSA team. To enrol in a User Pay Sport you must BOOK online and then PAY via POP. Please read the instructions carefully when they are apped out so that your place is secured.

The following sports are being offered in Term 4 for the User Pay Sport Program (Yrs 3-6). Each user pay group will be instructed by a professional/s in the particular sport. User Pay Sport will run for 8 weeks from Friday 18th October to Friday 6th December 2019.

In previous terms we have had to cancel sports due to lack of numbers, for this reason in Term 4 we have a smaller selection of sports available.

Please discuss these options with your child (and their friends) so that when the bookings are opened for each grade you will know what sport to choose and have a plan B or C in mind if your first choice has already filled.

Working together to provide just what's needed



TLC is a not-for-profit community organisation 100% run by volunteers, providing practical and discreet support to Mona Vale Public School members and families in times of medical crisis, serious illness, severe injury or bereavement.



Facebook.com/TenderLovingCommunity ♥ TenderLovingCommunity.org.au



From the Office

If your child has been selected in a Summer PSSA team (ie they played in Term 1 – the season continues into Term 4, therefore, there are no trials this term) please do not apply for any of the below-mentioned sports.

Please note if you have any outstanding items on your term account, these need to be paid before an optional user pay sport can be selected. Your selected sport is only confirmed once you have paid. Refunds cannot be given due to absence.

DO NOT PAY FOR ANY SPORTS YET – PLEASE WAIT FOR INSTRUCTIONS ON HOW TO BOOK AND PAY.

Sport	Venue	Travel	Cost
1. Goodwin's Tennis Academy	MVPS	N/A	\$80
2. Gymnastics	North Narrabeen Academy of Gymnastics	Bus	\$165
3. Fitness Training/Bootcamp combining full body functional movements & High Intensity Interval Training (HIIT) with principles of cardiovascular /respiratory endurance, strength, flexibility, coordination, agility, balance, and accuracy.	MVPS with Rob Pisto of Fitness State of Mind	N/A	\$80
4. Dance Sport get fit through various forms of dance	MVPS Jason Gauci	N/A	\$100
5. Futsal	Pittwater RSL Futsal Courts	Walking	\$75
6. Skateboarding/Scooter – equipment will be provided. You can bring your own helmet if you prefer.	MVPS Emma St Courts	N/A	\$100
* Waiver will be sent to you when your place is confirmed. Waiver must be signed and returned to be able to participate.			

Kindergarten 2020

Do you have a child starting Kindergarten in 2020? Please bring your enrolment form by Friday 13th September, so that we can plan our 2020 classes. Enrolment forms can be collected from the office or downloaded from our website. Please bring the completed form into the office along with your original documentation, ie. Student's birth certificate/ passport, immunisation and 100 points of proof of address (information regarding the 100 points of residential address information can be found on our website).

Regards

Leonie Gallard
School Administration Manager



School Hats

From Day 1, Term 1, 2020 all Mona Vale PS students will be required to wear the new school hat. In line with Department policy, there has been a two year roll-over period and from the beginning of next year, students who continue to wear the old style caps will no longer be able to play outdoors and will be asked to sit in the shade, in line with our 'no hat no play' policy.

The new hat was brought in after consultation with the school community, including the Student Representative Council (SRC) and based on the most up to date advice provided by the Cancer Council.

Sun-safe hats

Two out of three Aussie kids at school today will be diagnosed with skin cancer in later life – some of them with deadly melanomas.

Protecting children's skin from exposure to ultraviolet (UV) radiation from the sun is the simplest way to reduce the risk of skin cancer. And one of the easiest and most effective forms of sun protection there is for children is a sun safe hat.

Remember – children's faces are exposed to the damaging effects of UV radiation everyday and ears, temples, lips and the nose are among the most common parts of the body for skin cancers to develop later in life.

And the sun's rays don't just damage skin – they can cause permanent damage to children's eyes. A sun safe hat not only protects a child's face, head, neck and ears, it can also reduce the amount of UV radiation reaching a child's eyes by 50%.



"Baseball caps and sun visors do not protect the cheeks, ears and back of the neck and are not recommended. Base-ball caps leave a child's face, neck and ears exposed to the sun's harmful rays."



School Hats

As we move in to the warmer months of spring and the increased risk of UV damage we would encourage those of you whose children are still in the caps to consider purchasing a school hat in the near future.

Hats can be purchased through the school uniform shop.





Sport News

PSSA Results

A huge congratulations to all our PSSA Winter teams. We had fantastic personal bests across all teams. It was unfortunate that the weather didn't allow us to play the Grand Finals this season but we had many teams who were ready and willing to play.

As the competition reverted back to the first past the post our champion teams were:

Junior Rugby League
Senior Girls Soccer
Senior AFL - Runners up
Junior B Netball - Runners up

Congratulations to all teams and coaches.
Looking forward to the summer season.

Congratulations

A huge congratulations to Lockie B who was an integral part of the Sydney North Rugby Union Team who won state last week. They beat CIS in the final 33-0. WOW!!! So proud Lockie.



Congratulations

A huge congratulations to Eliza H who represented MVPS as a part of the Sydney North Touch team last week in Mudgee.

Sydney North were undefeated in the pool games, but lost in the grand final to Polding. Eliza was voted Players' Player by her team. What an honour Eliza. We are so proud of your achievements!





Sport News



11 Years 100m Girls	9 Years 100m Boys
3rd - Milla L	2nd - Noah P
Junior 200m	10 Years 100m
2nd - Evie B	1st - Lachlan B
11 Years 200m	3rd - Taj G
2nd - Milla L	11 Years 100m
Junior 800m	2nd - Luke D
1st - Matilda B	3rd - Lochie R
12 Years 800m	12 Years 100m
2nd - Mia S	1st - Prince K
Junior 1500m	11 Years 200m
3rd - Scarlett H	2nd - Luke D
11 Years 1500m	Senior 200m
1st - Matilda B	1st - Prince K
2nd - Tasha L	Junior 800m
12 Years 1500m	3rd - Lachlan B
1st - Mia S	11 Years 800m
Junior Shot Put	1st - Archer T
1st - Annabelle D	2nd - Archie B
Junior Long Jump	12 Years 800m
1st - MC Isabelle L	2nd - Ailbhe R
11 Years Long Jump	11 Years 1500m
1st - Milla L	1st - Archer T
1st - MC Sophia L	3rd - Cobin F
11 Years High Jump	12 Years 1500m
1st - Milla L	2nd - Jaime P
	12 Years Long Jump
	1st - Prince K
	Junior Discuss
	1st - Freddy C
	3rd - Anthony S
	Senior Discuss
	2nd - Archie I
	3rd - Charlie S



Sport News

Relay Results

Junior Girls Relay - 3rd	Junior Boys Relay - 1st
Amahlia P	Freddy C
Amara F	Taj G
Grace McCreery	Mandeya L
Evie B	Lachlan B
Senior Girls Relay - 2nd	Senior Boys Relay - 1st
Milla L	Lochie R
Matilda B	Prince K
Abby Mc	Riley S
Mia S	Luke D

What a fantastic day we had on Monday at Sydney Academy of Sport Pittwater Zone. So many of our students achieved their personal best results and so many will be progressing on to the Regional carnival in Term 4 Week 1. Good luck to all of you.

Mona Vale were the champion team and won the carnival overall. What an amazing achievement. We are so proud of all our athletes.



Thank you

Mel Stevenson
Assistant Principal, Stage 3
Sport Coordinator





Primary Ethics

Primary Ethics - Term 3 Update

I am a local resident from Church Point, that recently started as a volunteer Primary Ethics teacher and to coordinate the volunteer program for MVPS.

During Ethics over the last couple of months, on a Tuesday morning, the students have had the opportunity to discuss topics like:

- Kindergarten: Intentions & knowledge for a "plan of action", talking about the difference between deliberate action and accidental actions;
- Year 1-2: Good reasons, talking & thinking about reasons behind their statements (like "my sister is always mean to me") or beliefs;
- Year 3-4: Being an ethical consumer, talking about how ordinary people can influence broader outcomes by the purchasing choices they make;
- Year 5-6: Structure of Arguments, discussing concepts needed to identify an argument, judge whether it is convincing or not, and to explain why.

If you would like to know more about the Primary Ethics program (primaryethics.com.au/parents) or the subjects and/or topics discussed in your child's Ethics class then visit <https://mailchi.mp/primaryethics/home-4-2019>

We always need more volunteers, so if you are available on a Tuesday morning & are interested in joining the Program as a volunteer teacher, please contact me at monavale.ethics@gmail.com.

Kind regards

Gina Leone



House Winner

Week 7
placegetters are:

1st: Hawkesbury

2nd: Barrenjoey

3rd: Warringah

3rd: Pittwater

The winner this week is...

Hawkesbury!





Book Club

Dear students, parents, siblings and grandparents.

Welcome back to another Book Club and #6.

Scholastic Book Club's brochures were delivered to all classes last week.

If you would like to place an order you can either do it through LOOP on the computer where you pay with a credit card.

Please make sure you chose the right class, since all orders will go to that particular classroom.

If you prefer, I can place the order for you. In that case you need to fill in the order form in the brochure and attach it with the right money (cash or cheque). I cannot do the credit card when I place the orders this way.

Please make sure you have written the student's name and class on the order form if you hand it in to me, the Book Club organiser.

Book Club has got its 'own' mail box in the front office so this is where you put your order if you want me to place the order for you.

It usually takes around a week before all orders have arrived to school. I will sort them out and they all get distributed to the different classes.

I will close the BOOK CLUB on this coming FRIDAY 6th SEPTEMBER.

Enjoy reading and build up your own library at home!

Any questions, do not hesitate to contact me.

Kind regards

Rita Ericsson
Book Club organister
9999 3588

New On Flexischools

We have some terrific new items on Flexischools – at RECESS Breakie Wrap or for LUNCH Thursdays Burrito Wrap. Delicious.

As we head towards the end of term, we get a bit busier so any time you have to help out would be much appreciated.

If you can, volunteer pop down or email me at canteen@monavalepsca.com.au

The end of term is in sight!

Keep well.

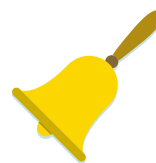
	MONDAY 9th	TUESDAY 10th	WEDNESDAY 11th	THURSDAY 12th	FRIDAY 13th
8	Helpers Needed	Ari C Michelle Helpers Needed	Anne Marie Danielle R Emma K	Bec S Helen M	Angela I Helen M Helpers Needed
	MONDAY 16th	TUESDAY 17th	WEDNESDAY 18th	THURSDAY 19th	FRIDAY 20th
9	Hanna J Kerry W	Marcela H Anne W	Danielle R Barb LG Louise Nicki	Rebecca W Helen M Terry K	Michelle HA Helen M Helpers Needed
	MONDAY 23rd	TUESDAY 24th	WEDNESDAY 25th	THURSDAY 26th	FRIDAY 27th
10	Angus G Tina N	Corrina Amy	Jack P Danielle R Hayley H Emma K	Helen M Tatum M Sandy C	Last day of Term Helen M Tina N Suhento Shervy



2019 Term Dates



TERM DATES



1

Students return - Wednesday 30th January (Years 1-6) (Year 3-6 School Swimming Carnival)

Kindergarten Best Start Assessments – Wednesday 30th January, Thursday 31st January & Friday 1st February

Kindergarten starts - Monday 4th February 2019

Last day for students - Friday 12th April 2019

2

Staff Development Day – Monday 29th April 2019

Students return – Tuesday 30th April 2019

Last day for students – Friday 5th July 2019

3

Staff Development Day – Monday 22nd July 2019

Students return – Tuesday 23rd July 2019

Last day for students – Friday 27th September 2019

4

Students and Staff return – Monday 14th October 2019

Last day for students – Wednesday 18th December 2019

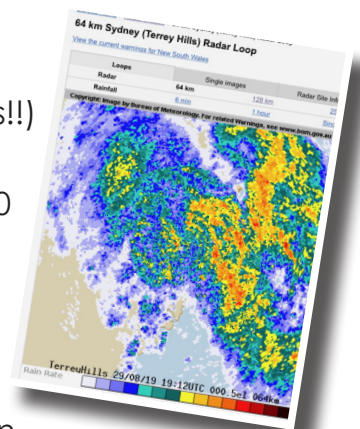
THE ANNUAL MVPS P&C FATHER'S DAY BBQ 2019



Father's Day BBQ 2019 was a fabulous (if not a little soggy) event again for Mona Vale. It was so great to see the MVPS community spirit in action with 100s of dads, grand dads, and other special men in our kids lives coming together. The weather wasn't kind to us (it's a Father's Day Tradition at Mona Vale to rain for the breakfast!) but that didn't dampen our spirits. It was wonderful to see everyone donning their rainjackets and smiles to share breakfast and have a chat. Thank you for braving the storm and supporting the event.

The P&C are thrilled to announce that not only did we all have a fun morning, we also raised more than **\$2,000** for the Maker Space!! Amazing effort by everyone involved, and this will go a long way to buy equipment and tools to make the Maker Space really incredible. Stay tuned for more updates on the progress of the Maker Space over the coming weeks.

A HUGE thank you must go to the more than 50 volunteers (ie Mums!!) who worked so hard to set-up, shop, prepare, and cook over 900 Bacon & Egg rolls, serve juice, coffee, and fruit to celebrate our Mona Vale dads, granddads, stepdads and friends. They braved the early start and the rain to make the morning an amazing success. You were all incredible. Special mention of Karly Jones, Sarah Saunders, Sam Morgan, the P&C exec team, the Canteen, and the school maintenance team for all their work putting the event together.



MONA VALE
PUBLIC SCHOOL



P&C
ASSOCIATION

YOUR VOICE | EVENTS | PLANNING
CANTEEN | UNIFORM SHOP | BAND & STRINGS



THE ANNUAL MVPS P&C
**FATHER'S DAY
BBQ 2019**





THURSDAY, 24TH OCTOBER

COLOUR EXPLOSION



Check your
sponsorship form
for information
on how to raise
money and earn
great prizes!

**EARN INCREDIBLE PRIZES
& RAISE FUNDS FOR MONA VALE'S
AMAZING 'MAKER SPACE'**

IT'S GOING TO BE SO MUCH FUN!!

Mona Vale Band and Strings present
Year 1 and Year 2 DISCO



Date: Friday 20th September

Where: Mona Vale Public School Hall

When: Year 1 4:00pm-5:00pm

Year 2 5:00pm-6:15pm

What: Chance to dance with friends. A live DJ and our very own jazz band will play too. Come dressed in the theme of silver and/or gold! Use your imagination to come up with a great outfit – prizes for best dressed and best dancing. Light refreshments will be provided.

Tickets: Buy tickets www.flexischools.com.au for \$12

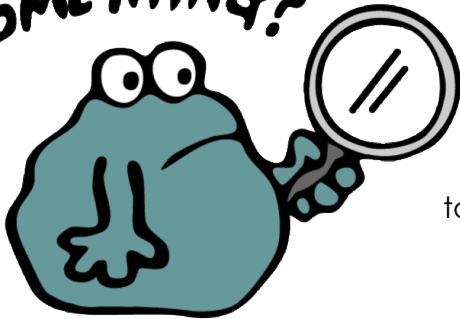
(Otherwise it is \$15 at the door). Flexischools cut off is 9:30am 20th September

All money raised goes towards the Mona Vale Band and String Program.



LOST PROPERTY UPDATE

LOOKING FOR
SOMETHING?



Writing your **FIRST** and **LAST NAME** on all items of clothing will help you find it!

RAG TAG is NOT enough!
Use a **permanent laundry marker** to clearly label all items of clothing.



Live Life Well @ School

FRUIT & VEG MONTH 2019



Captain Fruit n Veg is on a mission!

Fruit & Veg Month is all about linking eating fruit and veg with good times, superheroes/powers and adventures! Many schools will be supporting kids to eat more fruit and veg.

Fruit and Veg Month

Monday 2nd September
- Friday 27th September

Try to sneak a few extra vegies in the lunchbox or meals at home.

- Add chopped/grated veg in meals
- Keep cut vegie sticks in the fridge
- Offer variety—it can take some kids up to 10 tastes of a veg before they come around

Did you know? Only 5% of Australian children and adults eat enough fruit and veggies.

For more ideas,
search 'more fruit and veggies'
at healthykids.nsw.gov.au



Health
Northern Sydney
Local Health District



GREAT FUN FOR ALL THE FAMILY



BRING THIS FLYER & RECEIVE A FREE LOLLY BAG

★ **TREASURE
IN THE SAND**

★ **DUNKING
MACHINE**

★ **BEST DRESSED
PIRATE PRIZES**

★ **WALK THE PLANK**

★ **CRAFTY FUN**

★ **SIDE SHOW ALLEY**

**JOIN OUR SAND CASTLE WORKSHOP & COMPETITION
TEAMS OF 3 - 6, ENTRY: \$25 ADULTS & / OR KIDS!**

**BOOK YOUR PLACE FOR THE BIG DIG ~ \$10 EA
OR FOR A TEAM IN THE SAND SCULPTURE COMPETITION
TryBooking.com [Search: Big Dig]**

OR ... JUST COME ON THE DAY & REGISTER AT 9:30



**Rotary Club of Upper Northern Beaches
will use the proceeds to support the work of
Be Centre, Lifeline Northern Beaches
Hespace & Northern Beaches Veterans' Centre**

www.rotaryuppernorthernbeaches.org PH: 8003 0711

