



# Mona Vale Mail

p. 9999 3481 f. 9997 8446 e. [monavale-p.school@det.nsw.edu.au](mailto:monavale-p.school@det.nsw.edu.au) w. [monavale-p.school@det.nsw.edu.au](http://monavale-p.school@det.nsw.edu.au)

Welcome to  
**WEEK 8!**

**Reminder:**

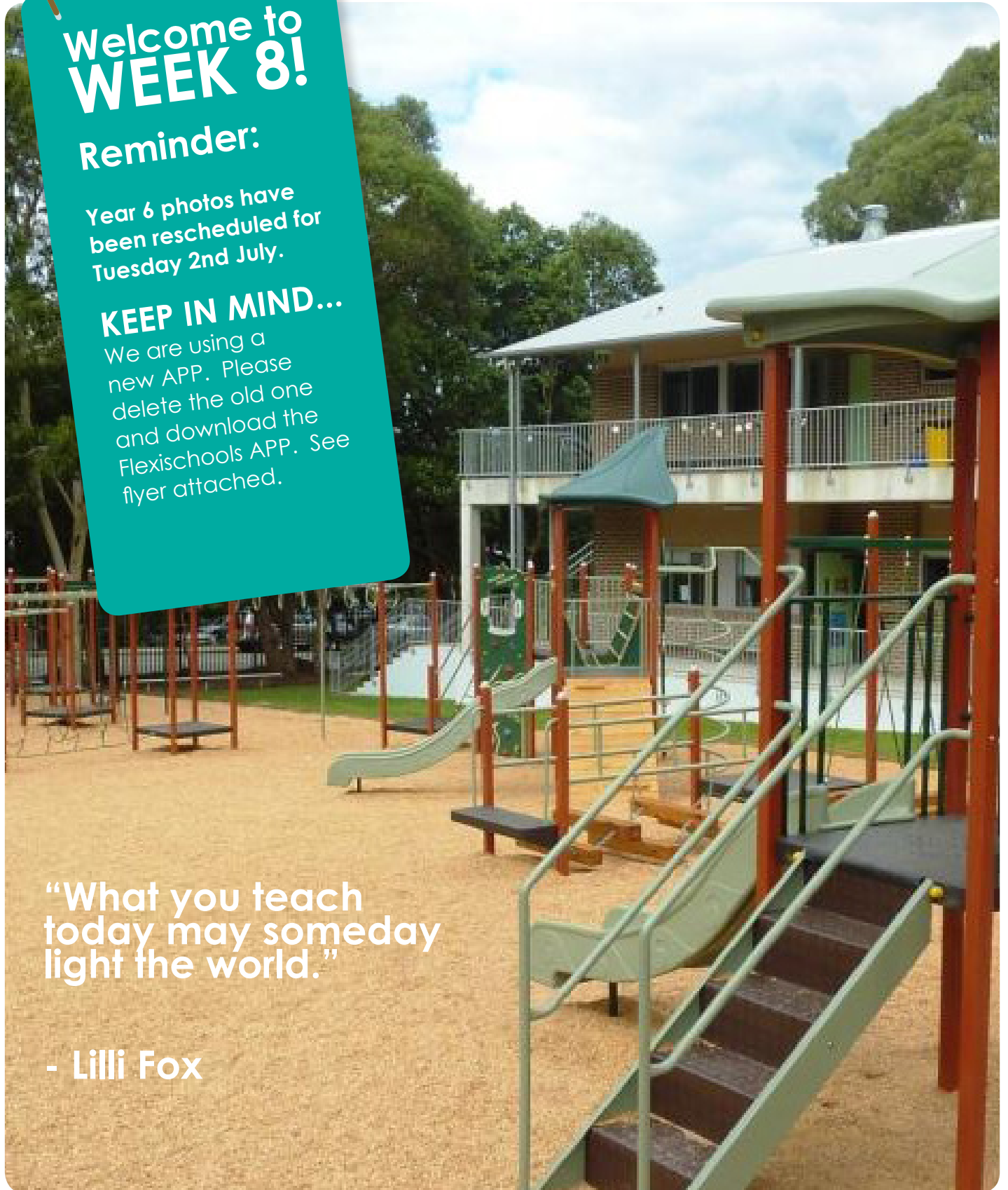
Year 6 photos have  
been rescheduled for  
Tuesday 2nd July.

**KEEP IN MIND...**

We are using a  
new APP. Please  
delete the old one  
and download the  
Flexischools APP. See  
flyer attached.

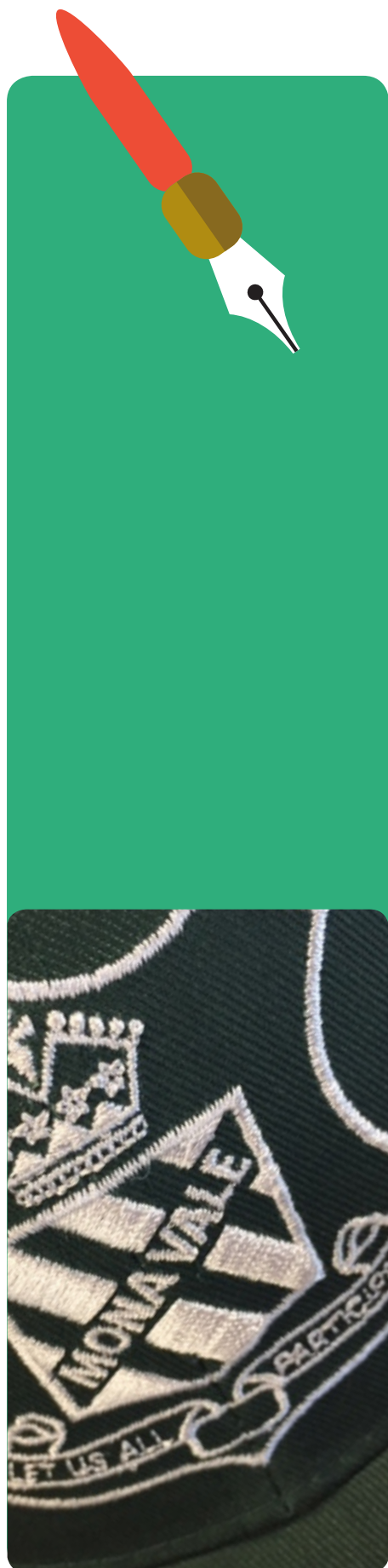
**"What you teach  
today may someday  
light the world."**

**- Lilli Fox**





# From the Principal



Dear Parents

A reminder that tickets are still available for the Fight On The Beaches Gala Ball on Friday 5th July. This is a wonderful night. Why not support cancer research, get a table together and help make a difference.

## School Refurbishment

I received advice this week that after a number of years of lobbying the schools current buildings will receive a full repaint and all roofs will be replaced with Colour Bond steel roofing. This is great news and coincides with the new rebuild to be completed by 2022. Although it will be hard for me walking past and looking at all this work happening, I'm so pleased we have been able to achieve this for our students.

## Fight On The Beaches Mufti Day

Our mufti day to support FOTB will be held next Thursday 27th June. Mona Vale, in conjunction with the other 14 PCS schools, will hold a combined mufti day to raise funds for the night. I'm proud to say that the PCS is an official sponsor of the FOTB Ball. What a wonderful message we are giving our young people about supporting those in need. Well done Mona!

## Beanies For Brain Cancer

This wonderful idea initiated by Year 6 has sold in excess of 800 beanies so far. What a great achievement! **Mr Kelson** has ordered another 300 for those students who have missed out but this will be the remaining stock so if you want one bring your \$10 tomorrow and next week to snap up the last remaining beanies. All funds raised go to the Mark Hughes Foundation. Thanks again Year 6 what great role models you will grow up to be!

## Car Raffle

Today I received a cheque for \$11 000.00 from Rotary as our portion of the proceeds from the car raffle. Thank you for your support of our major fundraiser. The funds raised as indicated will go towards fitting out the Makerspace. What a magnificent facility this will be for all of our students. My thanks to Patrick Chidambaram, a parent and Rotary member, who has worked so closely with us to manage the raffle each year.

**Greg Jones**  
Principal



# From the Office

## Administration Hours:

**8:30am - 3:15pm**



## Fight On The Beaches – Mufti Day

On Thursday 27th June we will be holding a “Mufti Day” to raise funds for “Fight on the Beaches” to support fund cancer research. Gold coin or any donations greatly appreciated.

## Year 2 Swim Scheme

Please return your permission note to your teacher as soon as possible. Payment can be made on POP. Accounts for Swim Scheme have been emailed home, your prompt payment is appreciated.

## Mark Hughes Foundation – Year 6 Selling Beanies For Brain Cancer

Don't forget Year 6 are selling beanies for \$10 each before school each morning.

Thank you to MEGA FORTRIS in Mona Vale for their amazing donation of \$500!!



## Year 6 & Photos

Due to the unfortunate weather, the Year 6 & Leadership photos were postponed. We now have a new date Tuesday 2nd July.

This will also be an opportunity for any families who **have already paid** for a sibling photo, however, were away on the day can have their photo taken on Tuesday. This will also be a make up day for any individual photos of students to be taken. Students will be called to the hall.



# From the Office

## Administration Hours:

**8:30am - 3:15pm**

## Message From Fight On The Beaches

I would like to invite you to the Fight on the Beaches Charity Ball on Friday 5th July. An MVPS parent started this charity 6 years ago and to date this group of local Mum's have raised a huge \$1.5 million to fund cancer research. The Charity Ball is a fabulous evening, and one which PCS supports as a Sponsor. I, together with the Executive will be there, ready to help raise another \$250 000 to help fund a cure.

To buy tickets to the Ball, visit <https://www.fightonthebeaches.com/event/christmas-in-july>

They are also after volunteers, so if you would like to help out on the night, please register here: <https://www.fightonthebeaches.com/volunteer>

## Message From The P&C – Meeting Tuesday 18th June

In an environment where we acknowledge it's sometimes difficult to attend evening meetings, and whilst aiming to keep meetings to 90 mins, the MVPS P&C would like to again use the opportunity of pre-submitting questions. Please email your questions by 6pm, Monday 17th June to [president@monavalepsca.com.au](mailto:president@monavalepsca.com.au).

Regards

**Leonie Gallard**  
**School Administration Manager**







# Calendar

## Mona Vale Manners

### Week 9

Show respect  
to adults when  
going through  
doorways or  
walking along  
paths by moving  
out of the way'.

(begins Monday 24th June)

#### WEEK 9

MONDAY 24<sup>th</sup>

Sydney Eisteddfod Concert Band

TUESDAY 25<sup>th</sup>

Sydney Eisteddfod Performance  
Band

WEDNESDAY 26<sup>th</sup>

THURSDAY 27<sup>th</sup>

Fight On The Beaches Muffi Day

FRIDAY 28<sup>th</sup>

Sydney North Dance Festival Dress  
Rehearsal

6pm Year 5 & 6 Disco

#### WEEK 10

MONDAY 1<sup>st</sup>

TUESDAY 2<sup>nd</sup>

Year 6 & Leadership photos  
Senior Girls Sydney North Dance

WEDNESDAY 3<sup>rd</sup>

9:30am 2020 Kindergarten Open  
Morning

Senior & Junior Boys Sydney North  
Dance Festival

THURSDAY 4<sup>th</sup>

9:30am Honour Assembly

FRIDAY 5<sup>th</sup>

All groups Sydney North Dance  
Last day of Term

Students return Tuesday 23rd July



# Open Evening

---

**Mona Vale Public School  
Open Evening  
Thursday 8th August, 2019 4:30-7:00pm**

**Destination Moon!  
More Science, More Curiosity at MVPS!**

**What you need to know:**

**Classrooms will be open between 4:30pm and 5:30pm for you to see some of the fantastic work your children have been doing in Science.**

**Entertainment:**

**In the Amphitheatre:**

5:45 - Stage One dance

5:50 - Junior dance

6:15 - Senior Boys dance

6:25 - Senior Girls dance

**Under the 3-6 COLA**

5:30-5:45 Concert Band

5:55 -6:15 Choir performances

6:35-6:55 Big Band

**Food**

Enjoy a sausage sizzle and help raise funds for our P&C.  
Still hungry – our school charity, TLC will be holding a cake stall.

**Other activities**

4:30-7:00pm

**Book Fair**

Make sure you visit the school library where you will find our Book Fair and be able to purchase a fabulous science based book for our school library.

**Face Painting**

Want a space-themed look? Make sure you visit the TLC Face Painting stall.

**Science Clubs**

The Junior and Senior Science Clubs will be showcasing their knowledge, skills and talents at locations around the school.



# Open Evening

---

## Incursions

We have two spaced themed incursions that will run ½ hour presentations. Bookings for these incursions are essential and will be on a first come, first served basis. Please note, due to the limited number of spaces, we request that families book in to only ONE of the incursions to allow opportunity for as many families as possible to experience one of the activities.

Fizzics Education provide award winning, extremely entertaining Science Shows to schools. They are all about Science and shows will have a Destination Moon Theme. Check out their website for a preview [www.fizzicseducation.com.au](http://www.fizzicseducation.com.au)

Meet Macquarie University Astronomy students who will take you on a half hour journey through our solar system and beyond in their indoor planetarium.

Spend some time looking at the stars under the guidance of our visiting amateur astronomers. These sessions run for approximately 15 minutes and participants can turn up at any time and wait for a free spot.

**BOOKING INFORMATION FOR FIZZICS EDUCATION AND THE PLANETARIUM WILL BE IN NEXT WEEK'S NEWSLETTER.**

**PLEASE NOTE, ALL STUDENTS MUST BE ACCOMPANIED BY AN ADULT, WHO MUST ALSO HAVE BOOKED IN. STUDENTS WHO ARRIVE AT ANY OF THE INCURSIONS UNACCOMPANIED WILL NOT BE PERMITTED TO PARTICIPATE. THERE IS NO TEACHER SUPERVISION DURING THE OPEN EVENING.**





# Meet A Player

## Year 6 - Joel Thompson

This week, Year 6 met Manly Sea Eagles' player Joel Thompson. He shared with us the story of his childhood and how he has overcome many obstacles throughout his life to get to where he is today, playing in the NRL. Joel gave us some advice to work on as we grow up and head off to high school. He said we should start setting goals for the things we really want to achieve, but they have to be realistic and be able to be worked on. We should wake up each morning and think of all the things in our lives that we are grateful for. We also need to focus on self-care, taking time out to do things that enable us to be happy and give us a sense of wellbeing. Go for a walk, have a swim, listen to music, play sport, draw, etc.

**By Maya and Kiah**







# Earn & Learn

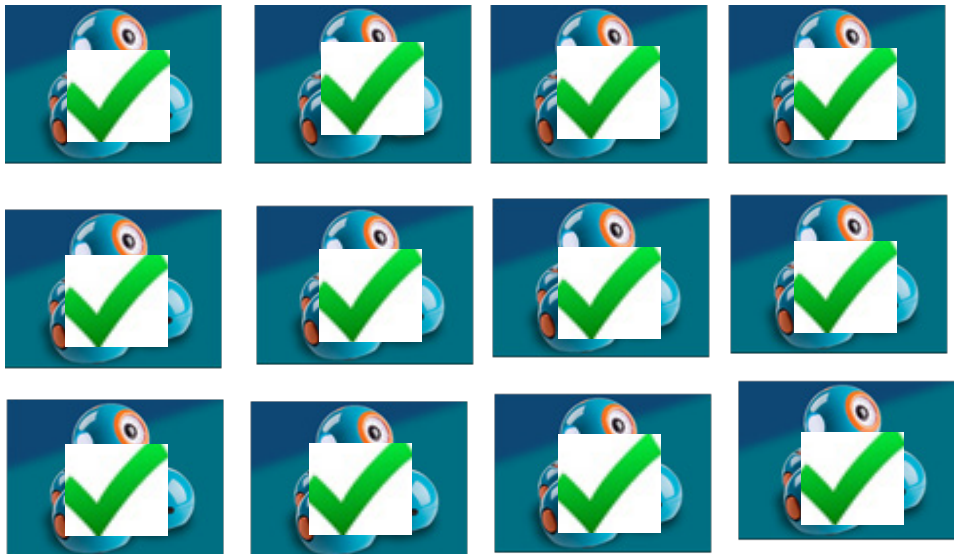


## Last Week! Last Week!

Thanks to everyone who has been collecting stickers! This week we have completed more than 200 sheets which means that we can purchase all of our 12 robots. That is fantastic!!!!!!

However, we still want more so that we can get some awesome accessories to go with our Dot and Dash robots. The program finishes on Tuesday the 25th June (NEXT WEEK). So let's have a final push to get as many stickers as we can. Remember every sticker counts so check the bottom of your bags, down the sides of the sofa cushions and under the beds!

Keep collecting and popping your sheets in either the box in the school office or the MVPS boxes at Mona Vale and Warriewood Woolworths.





# 4M News

4M is in the middle of an inquiry based project called simply 'RED'. The project has been designed to tap into the interests and learning styles of the individual student and allows every student to work curiously and creatively.

One of the submissions this week was an appliqued piece representing Kata Tjuta, or The Olgas, located in the Red Centre. Inspired by a family holiday earlier in the year, this work has been done by Mary Formston 4M. Mary designed, made a pattern, selected fabric, sewed, embroidered and produced this wonderful piece of craftsmanship. Well done Mary!





# Sport News

---

**Congratulations** to **Lachie B** for successfully trialling for a spot in the Regional Rugby Union team. Well done, Lachie!

Congratulations to everyone else who trialled.

Well done to **Cruz D** for a fantastic Regional Rugby League carnival this week. His team finished 3rd overall.

An amazing achievement!

Thank you

**Mel Stevenson**  
**Assistant Principal, Stage 3**  
**Sport Coordinator**



It was wonderful to see such a big crowd on Tuesday night at the P&C meeting. It's always great to have a broad range of parents from different year groups, and the discussions, questions and suggestions were all excellent, thoughtful, and really positive. Thank you for taking the time and interest to be there and to pre submit questions.

I want to take this opportunity to acknowledge and thank our Principal, Greg Jones, as his retirement is fast approaching. Over the past nearly 10 years, Mr Jones' dedication and loyalty to the school, the school community, and of course the children of Mona Vale has been unwavering and inspirational. Having attended MVPS as a young boy, Mr Jones has always had the schools' best interest at heart. Under his leadership, he has created an educational environment of collaboration and excellence in teaching, learning, and community that is par none in NSW. We are all the beneficiaries of his vision of what a great education should be, inspiring both teachers and students with a love of learning, always displaying respect, responsibility, and delivering their personal best.

On behalf of the P&C, past and present, and the whole school community we represent, we thank Mr Jones for his immense contribution to the school and wish him an amazing retirement. It's well deserved, and you will be very much missed. (But, we look forward to a few celebrity visits!)

At Tuesday's meeting, teachers Mrs Sarah Bryce (Year 5) and Miss Danielle Ashworth (Year3/4) presented the school's "Inquiry based learning" technique taking place in the classrooms in the science units. The learning style is showing really positive results in expanding the way children learn about and explore within a subject, fostering their inquiry, observation, critical thinking, researching, and problem-solving skills. And the kids seem to love it and are coming up with some amazing projects.

Janine Rogers, school mum and founder of TLC (Tender Loving Community) reminded us of the incredible work that goes on quietly supporting MVPS families in urgent need due to significant illness or trauma. Please keep supporting the TLC events and fundraising, and remember that if you know of a friend in need, you can contact TLC who may be able to help.



The P&C Social and Events team have made the very exciting announcement that it will be hosting an all-school "Colour Run" fundraiser towards the end of term 3, with the aim of raising much needed funds to fill the "Maker Space" with all the resources it needs to build an amazing and creative hub. At the Week 4 P&C meeting, attending parents were taken on an informal "incursion" into the 'Maker Space' by Mr Jones, and the plans for the space are super exciting, state of the art, and will be a valuable, inspiring, and innovative place for all MVPS children to have access to.

The P&C's recent budgets have confirmed the ongoing need for funds, so we can meet our obligations and continue to provide funds to the school. We encourage every family to pay the voluntary annual contribution of \$74 per student, which collectively will provide the additional resources, services, and extra opportunities available at school, which benefits all our children. As a community we need everyone to equally contribute so this can continue. The P&C contribution can be made with any of your term payments.

A proposal was made to move the term P&C meetings to week 3 and week 9 instead of week 4 and week 8 in an effort to give more time between meetings to address action items. It also means the P&C can get onto things quicker, at the beginning of each term, and not have such a long break between meetings when holidays fall. We have agreed to trial this starting in Term 3, and therefore the first meeting will be Tuesday August 6, 7:30pm in the staff room. I hope to see many of you there.

As always, please do not hesitate to contact myself or any other P&C members for further discussion.

Many thanks

**Nichole**  
**[president@monavalepspca.com.au](mailto:president@monavalepspca.com.au)**



# Canteen

	MONDAY 24th	TUESDAY 25th	WEDNESDAY 26th	THURSDAY 27th	FRIDAY 28th
9	Kerry W <b>Helpers Needed</b>	Marcela H Anne W Corrina Amy	Danielle R Barb LG	Rebecca W Helen M Skye R	Xtina G Helen M Bec
	MONDAY 1st	TUESDAY 2nd	WEDNESDAY 3rd	THURSDAY 4th	FRIDAY 5th
10	Angus G Tina N	Kirstee H Sasha W	Jack P Danielle R Hayley H Esther	Helen M Sandy C	<b>Last Day of Term</b> Helen M Nat W <b>Helpers Needed</b>



# Uniform Shop

## Opening Hours

**Mondays 2:30pm - 3pm**

**Tuesdays & Thursdays 8:30am - 10:30am**

Term 3 Week 1. The uniform shop will be closed week one back in to term 3.

Year 2 please remember you have swimming scheme coming up after the holidays, if you need another set of sport uniform, please come in before the end of term (or place a Flexischool order).

**2019 Volunteer Portal** is now active for Term 2. Volunteers are always needed, even if you can only spare a couple of hours once or twice a month.

If you are able to volunteer in the shop, please go to website [www.carebookings.com.au](http://www.carebookings.com.au).

Enter event code: **B7MJN** in the green box.

Profits made during the year in the uniform shop are given back to the P&C to support initiatives.

MONDAY 24th	TUESDAY 25th	WEDNESDAY	THURSDAY 27th	FRIDAY
			S Cozens	
MONDAY 1st	TUESDAY 2nd	WEDNESDAY	THURSDAY 4th	FRIDAY

Hanna Jones  
Uniform Coordinator  
[uniformshop@monavalepspca.com.au](mailto:uniformshop@monavalepspca.com.au)



# 2019 Term Dates

---



## TERM DATES



1

**Students return** - Wednesday 30th January (Years 1-6) (Year 3-6 School Swimming Carnival)

**Kindergarten Best Start Assessments** – Wednesday 30th January, Thursday 31st January & Friday 1st February

**Kindergarten starts** - Monday 4th February 2019

**Last day for students** - Friday 12th April 2019

2

**Staff Development Day – Monday 29th April 2019**

**Students return** – Tuesday 30th April 2019

**Last day for students** – Friday 5th July 2019

3

**Staff Development Day – Monday 22nd July 2019**

**Students return** – Tuesday 23rd July 2019

**Last day for students** – Friday 27th September 2019

4

**Students and Staff return** – Monday 14th October 2019

**Last day for students** – Wednesday 18th December 2019

# MONA VALE PUBLIC SCHOOL

WELCOMES YOU TO OUR 2020 KINDERGARTEN OPEN DAY



You are invited to attend one of our Kindergarten Open Days on

**Wednesday 5<sup>th</sup> June or Wednesday 3<sup>rd</sup> July**  
**9:30am to 11:00am**

The Open Days will provide information about the opportunities available at our wonderful school and include a school tour.

Mona Vale Public School  
Waratah Street Mona Vale 2103  
PH: 02 9999 3481  
Email: [monavale-p.school@det.nsw.edu.au](mailto:monavale-p.school@det.nsw.edu.au)



*Excellence – Innovation Community*





Help  
Fund  
Cancer  
Research



Mona Vale Public School  
Mufti Day  
Thursday, 27<sup>th</sup> June 2019

*proudly supporting*  
**Fight on the Beaches**  
Fighting for a cancer cure!

gold coin  
donation



[www.fightonthebeaches.com](http://www.fightonthebeaches.com)

Follow us:  fightonthebeaches  fightonthebeach  fightonthebeach



You are invited to join us in the fight against cancer

# Christmas in July

Charity Ball  
Friday 5th July 2019



fight  
on the  
beaches

Fundraising for Cancer Research

7pm ~ Midnight  
Miramare Gardens  
48 Myoora Road, Terrey Hills NSW 2084

3 Course Meal  
Prizes and Auctions  
Special Guests & Entertainment



\$190 pp - Buy Tickets Now  
[www.fightonthebeaches.com](http://www.fightonthebeaches.com)



FIGHT FOR A  
**CURE**  
UNITING COMMUNITIES AGAINST CANCER

**belle**  
PROPERTY

All profits will be donated to Fight for a Cure Ltd to fund cancer research and local early detection and prevention programs.



# YEAR 5 & 6 DISCO



**Date:** Friday 28<sup>th</sup> June 6-7:30pm

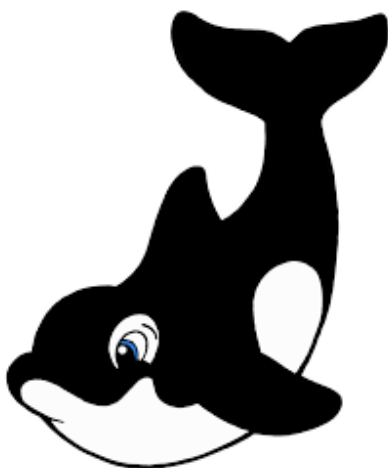
**Where:** MVPS School Hall

**Cost:** \$12 entry via flexischools  
or \$15 on the night

All money raised will go to supporting  
the Mona Vale Band & String program.

**Theme:** Black & White

**Ideas:** Piano, dominoes, orca,  
soccer ball, checkerboard, zebra,  
penguin, dice, dalmatian, panda, ying-  
yang.





# Making your contribution

## Just \$74 per year does make a difference\*

The MVPS P&C ensures your annual contribution is distributed across all areas of the school, impacting and benefiting a broad cross-section of students, supports all teaching areas of the school, and maintains and improves facilities and educational offerings within the school.

These additional services, infrastructure, equipment, and resources are not otherwise funded by the NSW Department of Education, and are the things that makes a great school like MVPS, even better, for your child.

Together, if every family makes their annual contribution, the P&C can continue to invest and support the things that make every child's primary school experience memorable and enriching. In 2019, the P&C is actively fundraising for MVPS's new 'MakerSpace', a unique, exciting and amazing exploration hub that will benefit every child across all curriculum areas and grades. Your help will make this space incredible!

## Your P&C Contribution.

## Do your bit today to help every child at MVPS.

The annual voluntary contribution is \$74.00\* which is split two ways – \$40.00 for P&C Building Fund (tax deductible) and \$34.00 for the P&C General Contribution.

### Did you know?

Over the past 5 years the P&C has collectively returned over \$450,000 back to the school community. These are just some of the ways...

Air conditioners for every classroom

New water bubblers around the school

Supporting P&C Band & Strings, Orchestra, and Jazz and school music programs

P&C Canteen - improving facilities and providing daily healthy food choices for students

P&C Uniform Shop - on-site and online school uniform facilities

Purchase of additional numeracy and literature programs resources in every classroom

Comprehension boxes for Years 3-6

Supporting the Multi-lit reading recovery program – providing additional resources for students with literacy and reading concerns

Providing additional sports equipment for students

Supporting outstanding students with sports/activities representation costs

Year 6 farewell and graduation annual donation

Supporting TLC with a commitment of funds to support MVPS families in need

Improving playground infrastructure

Supporting large scale school community events – Christmas Carols, Welcome Picnics, Grandparent Days, Open days, Mother's and Father's day events, Kindergarten welcome days, and more

MONA VALE  
PUBLIC SCHOOL



P&C  
ASSOCIATION





Rotary Club of Upper Northern Beaches  
invites your school to join in a partnership to support

## **ROTARY'S BIG DIG**

TOGETHER WE CAN RAISE FUNDS TO SUPPORT THE  
NORTHERN BEACHES COMMUNITY YOUTH PROGRAMS  
PROMOTING BETTER YOUTH MENTAL HEALTH OUTCOMES



**The Big Dig is a fun filled beach event for all the Family!**

**FIND 'TREASURE' IN THE SAND WALK THE PLANK DUNKING MACHINE  
CRAFTY FUN SAND SCULPTURE COMPETITION GIANT GAMES  
AND NEW THIS YEAR - SIDE SHOW ALLEY & GIANT JUMPING CASTLE**

**HELP US MAKE ROTARY'S 2019 BIG DIG  
A REALLY SPECTACULAR EVENT & FUNDRAISER ...**

By distributing our Colour-in Flyer  
Placing Posters on Fences & near Canteen  
Include a poster & article in the E-Newsletter

**Contact Bev at 0409 228 551 ♦ [bevyakich@gmail.com](mailto:bevyakich@gmail.com)**



TICKETS: "TRYBOOKING"  
OR ON THE DAY FROM 9:30AM

# ROTARY'S BIG DIG TREASURE HUNT

NAME: .....

AGE: .....

**SUNDAY, 15<sup>TH</sup> SEPTEMBER, 2019, 10<sup>AM</sup> — 9:30 REGISTRATION**  
**COLOURING COMPETITION**



**BRING TO THE BIG DIG**



*Help Ollie keep the ocean clean - don't use throw away plastic!*



# LIVE LIFE WELL

## **Treats for special occasions**

Food is an important part of special occasions for everyone and should be enjoyed. Your child may be invited to a party with lots of foods high in fat and sugar or to a meal at a fast food restaurant. These meals will do no harm as long as they are only eaten occasionally. But remember, children's parties don't need to be filled with junk food to be fun. Try to include some healthy foods as well. Here are some suggestions:

- ✓ pretzels
- ✓ mini pizzas
- ✓ fruit platters
- ✓ fresh berries
- ✓ finger sandwiches
- ✓ low-fat mini fruit muffins
- ✓ homemade popcorn
- ✓ slices of watermelon
- ✓ frozen orange wedges
- ✓ hummus and pita bread
- ✓ cheese cubes and crackers
- ✓ vegetable sticks and rice crackers with dips
- ✓ toasted Lebanese bread in place of corn chips and crisps.

**Peaceful Kids** program is a Mindfulness & Positive Psychology based program to lessen anxiety and stress and increase resilience.

Aims of the program include:

- To develop emotional intelligence skills
- To teach effective skills to manage emotions
- To empower children to self-manage their behaviours & anxieties



Facilitated by **Lyn Newman & Angela Ashley**,  
educators with extensive experience in building emotional resilience for  
children to flourish emotionally and academically.



### **Term 3 2019 Program**

July 24th - Sep 11th

Wednesdays

4pm - 5pm

8 -12 year olds

For more information  
[www.peacefulkids.com.au](http://www.peacefulkids.com.au)

- Peaceful Kids sessions run for 60 mins for 8 weeks.
- Groups are small with a maximum of 10 children (places are limited).
- Parents will receive email communications following every session with strategies for using at home.
- Sessions include practical activities to support emotional development.

For booking or enquiries, please contact

**[info@kidspathways.net](mailto:info@kidspathways.net)**

Sessions are held at Optimum Health Essentials 1691 Pittwater Rd Mona Vale