



Mona Vale Mail

p. 9999 3481 f. 9997 8446 e. monavale-p.school@det.nsw.edu.au w. monavale-p.school@det.nsw.edu.au

Welcome to
WEEK 5!

Reminder:

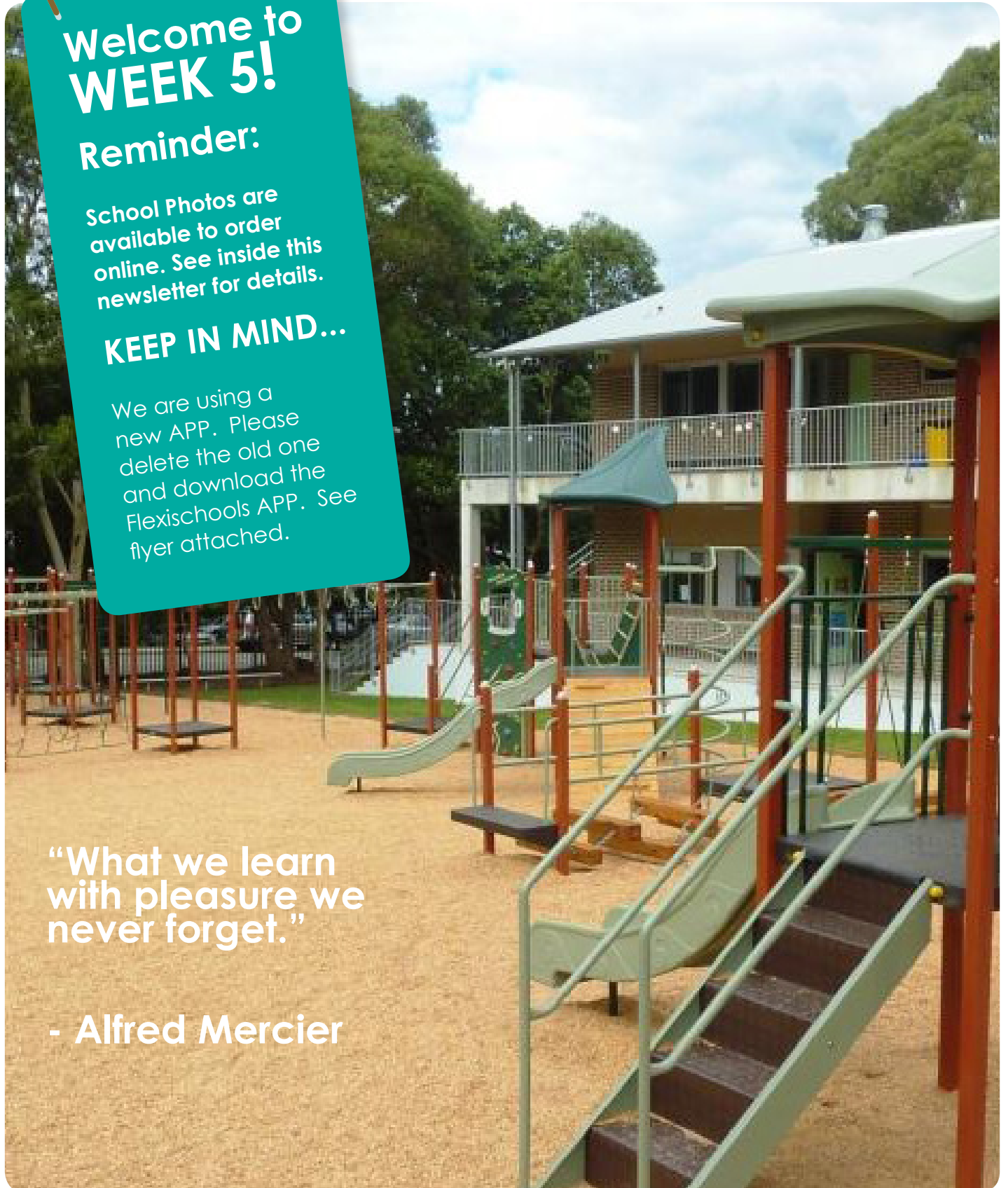
School Photos are
available to order
online. See inside this
newsletter for details.

KEEP IN MIND...

We are using a
new APP. Please
delete the old one
and download the
Flexischools APP. See
flyer attached.

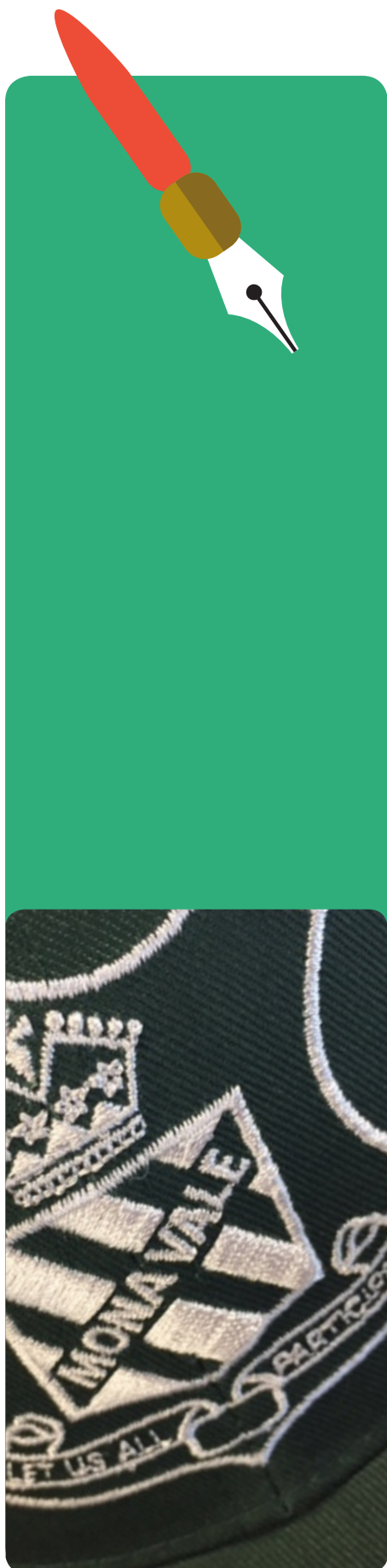
**"What we learn
with pleasure we
never forget."**

- Alfred Mercier





From the Principal



Dear Parents

Thank you for the many lovely comments regarding my impending retirement. As I said last week, not an easy one to make, but the right time for myself and for my family.

Congratulations

I would like to congratulate **Mrs Jane Pimentel** who was successful at interview and has been appointed to Mona Vale as a permanent teacher. Mrs Pimentel is an outstanding colleague, respected by staff and parents and admired by students. We are lucky to have her at our school.

Camp Australia

Ms Zivana Spittles has been appointed as our new Camp Australia Coordinator and will oversee a number of improvements to the service at Mona Vale. Ms Spittles is a former Mona Vale student, has worked in the Child Care industry most recently as Educational Leader at Jack & Jill in Mona Vale and for the former Council. After meeting with Ms Spittles, I'm confident we will see a quick improvement in our service.

Toilets

It has come to my attention that a small number of students are using the toilets as a playground, hiding in them and in some cases damaging the facilities. I ask all parents to remind their children that toilets are not for playing in and students found doing this will be removed from the playground.

Requests For Student Information

We are receiving increasing requests from parents for administrative staff to copy past student reports often to accompany an application to an independent school. I have informed staff that they are not to do this in the future as it is taking up considerable amounts of administrative time. Parents are reminded that all students' reports are sent home via email and NAPLAN reports are sent a hard copy. I encourage all parents to file school reports as they may be required in future years.

Greg Jones
Principal



From the Office

Administration Hours:

8:30am - 3:15pm

Have You Downloaded Our New School App Yet?

We are loving our new school App. If you have not downloaded it yet please see our school website or last week's newsletter for details.

Orders For School Photographs Now Available Online

Orders for packages and sibling photographs can be placed securely online at www.advancedlife.com.au using our code **JHJ WMH NJ2**.

School Photographs will be held at school on Monday 17th June and Tuesday 18th June. All students must be in FULL WINTER school uniform. Stay tuned for more details. Please don't book any dental appointments etc on these days as the photo timeslots on the day can not be guaranteed!

Regards

Leonie Gallard
School Administration Manager



TLC is a non-profit community organisation 100% run by volunteers, dedicated to providing practical and discreet support to members of the Monavale Public School community in times of medical crisis, serious illness, severe injury or bereavement.

Working together to provide just what's needed



Calendar

Mona Vale Manners

Week 6

Say "Good morning" to people when you meet them each day in the classroom or playground.

(begins Monday 3rd June)

WEEK 6

MONDAY 3rd

TUESDAY 4th

WEDNESDAY 5th

Zone Cross Country

2019 Kindergarten Open Morning

THURSDAY 6th

Year 1 & K-2P Travelbugs

FRIDAY 7th

WEEK 7

MONDAY 10th

Public Holiday

TUESDAY 11th

WEDNESDAY 12th

Year 6 Barrenjoey Lighthouse

Year 5 Mobile Zoo Incursion

THURSDAY 13th

Year 6 Barrenjoey Lighthouse

Year 5 Mobile Zoo Incursion

FRIDAY 14th



Wellbeing Week

Wellbeing Week

This term in Wellbeing Week all students attended an 'Acrobatic Anti-bullying' show, presented by Action Education.

The students watched Harry, Jonny and Mel tumble, dance and leap through a variety of scenarios that depicted common bullying situations and how to deal with them.

The show was professional, age-appropriate, informative, fun and engaging and all of the students and staff rated it very highly.

'Bullying doesn't make you tough!'





ANZAC Day Assembly

ANZAC Day Assembly

We were very fortunate to have George Carpenter and representatives from the Servicemen's Association join us at our ANZAC Day Assembly at the end of last term. At the assembly, Mr Carpenter presented the school with a new Australian Flag and cheque for \$250.

We have used the money to purchase some beautiful books, both fictional and non-fictional, to support the teaching of this very important time in our country's history.

Thank you Mr Carpenter and the Servicemen's Association.

Below is Eliza and Jessica with a selection of some of the books we have received.



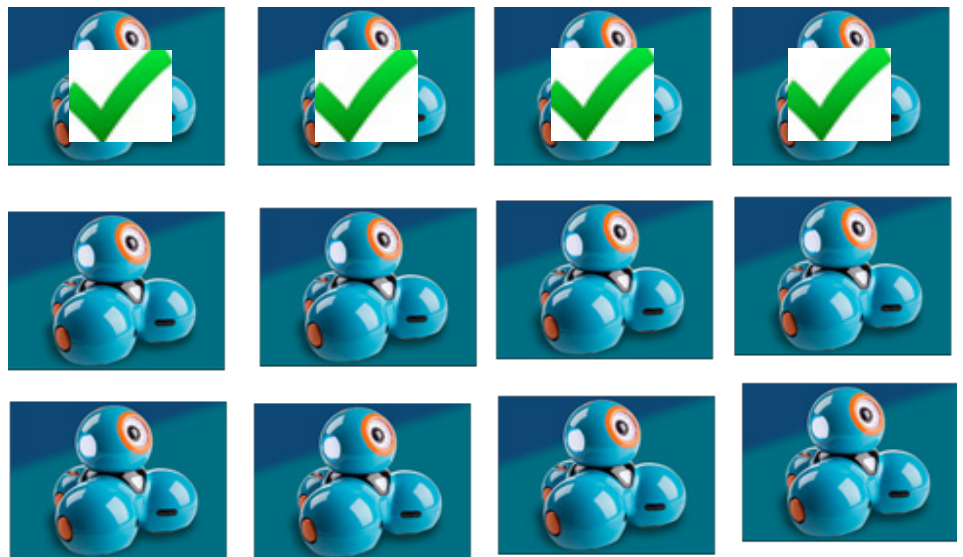


Earn & Learn

We Love Stickers!

We have had a great sticker response this week and have now had more than 21000 stickers collected! That's amazing! We now have enough stickers to purchase four robots. A great effort but if we want to reach our target we are going to require a big push in these last four weeks of the program.

Keep collecting and popping your sheets in either the box in the school office or the MVPS box at Mona Vale Woolworths.





Poem

The Underlord is rising,
Feeding on your tears,
Brush away the sadness,
That is what he fears.

The Underlord is rising,
Along side his little pet,
The blackdog of depression,
Has raised its ugly head.

The sun will always rise in the morning,
It will always go down at night,
You just have to remember,
It will always be alright.

It doesn't make you weak,
To acknowledge the black beast within,
It takes more guts to survive,
Then to let the Underlord win.

Roll yourself out of bed,
Push yourself out the door,
Make yourself call to friends,
You don't have to be alone anymore.

If that black dog starts a growling,
Tempt it with a treat,
Tell it you don't need to be dark anymore,
These fears, we are going to beat.

Force that grimace into a smile,
Grab that black dog's lead.

It's turned into a playful puppy of hope,
And that's all that you need.

By Arianna R



Sport News

Rugby League

On Tuesday, the Junior and Senior Boys Rugby League teams and a Year 5 and Year 6 Girls team went to the All Schools Rugby League Gala Day. The Senior Boys and the Girls team were runners up on the day, both losing the Grand Final by only one try.

Congratulations to all players, it was a great day playing footy!

Thank you

Mel Stevenson
Assistant Principal, Stage 3
Sport Coordinator





House Winner

Week 5
placegetters are:

1st: Barrenjoey

1st: Warringah

3rd: Hawkesbury

4th: Pittwater

The winner this week is...

Barrenjoey!

Warringah!



Canteen News

Thank you to all of our lovely canteen volunteers. It's great to see everyone.

Here's the roster until the end of term. We have a few days where an extra pair of hands would be greatly appreciated.

If you're able to help out please let me know at **canteen@monavalepsca.com.au**.

Winter Menu

Our new winter menu on Flexischools is going well. Thanks to everyone for ordering on line. The Hawkesbury Ham and Cheese Croissant is the best seller closely followed by the Barrenjoey Beef Stroganoff.

Nice to see so many kids and staff enjoying the delicious canteen lunches.

Canteen

	MONDAY 3rd	TUESDAY 4th	WEDNESDAY 5th	THURSDAY 6th	FRIDAY 7th
6	Danielle R Elaine G	Xtina G	Jack P Danielle R Helpers Needed	Katie P Mel S Helen M	Helen M Sandy C Helpers Needed
	MONDAY 10th	TUESDAY 11th	WEDNESDAY 12th	THURSDAY 13th	FRIDAY 14th
7	Public Holiday	Esther Bev	Donna R Kirstee H Danielle R	Emma B Terry K Helen M	Bec S Vanessa B Helen M
	MONDAY 17th	TUESDAY 18th	WEDNESDAY 19th	THURSDAY 20th	FRIDAY 21st
8	Danielle R Helpers Needed	Leonie T Bev Michelle	Bev & Anne Danielle R Nikki Louise	Bec S Helen M Skye R	Angela I Helen M Suhento Shervy
	MONDAY 24th	TUESDAY 25th	WEDNESDAY 26th	THURSDAY 27th	FRIDAY 28th
9	Hanna J Kerry W	Marcela H Anne W Corrina Amy	Danielle R Helen M Barb LG	Rebecca W Helen M Skye R	Xtina G Helen M Helpers Needed
	MONDAY 1st	TUESDAY 2nd	WEDNESDAY 3rd	THURSDAY 4th	FRIDAY 5th
10	Angus G Sasha W Danielle R	Kirstee H Helpers Needed	Jack P Danielle R Hayley H	Helen M Sandy C	Last Day of Term Helen M Tina N Helpers Needed

Uniform Shop

Opening Hours

Mondays 2:30pm - 3pm

Tuesdays & Thursdays 8:30am - 10:30am

It's getting cold out there... We have stock of tights, gloves, jackets, and pants. Remember school photos are on the 17th June, and students are required to wear full winter uniform.

Thank you to all our lovely volunteers who helped to get through stocktake this week, it is always a big job to get through counting all our stock in one day – it is very much appreciated.

We are always looking for second hand uniforms for the shop, if anyone has any donations of unused or old school uniform, we would be very grateful. All proceeds go straight back to the school.

2019 Volunteer Portal is now active for Term 2. Volunteers are always needed, even if you can only spare a couple of hours once or twice a month.

If you are able to volunteer in the shop, please go to website www.carebookings.com.au.

Enter event code: **B7MJN** in the green box.

Profits made during the year in the uniform shop are given back to the P&C to support initiatives.

MONDAY 3rd	TUESDAY 4th	WEDNESDAY	THURSDAY 6th	FRIDAY
	S Cozens		Volunteers Needed	
MONDAY 10th	TUESDAY 11th	WEDNESDAY	THURSDAY 13th	FRIDAY
Closed Public Holiday	S Nie			

Hanna Jones
Uniform Coordinator
uniformshop@monavalepspca.com.au



2019 Term Dates



TERM DATES



1

Students return - Wednesday 30th January (Years 1-6) (Year 3-6 School Swimming Carnival)

Kindergarten Best Start Assessments – Wednesday 30th January, Thursday 31st January & Friday 1st February

Kindergarten starts - Monday 4th February 2019

Last day for students - Friday 12th April 2019

2

Staff Development Day – Monday 29th April 2019

Students return – Tuesday 30th April 2019

Last day for students – Friday 5th July 2019

3

Staff Development Day – Monday 22nd July 2019

Students return – Tuesday 23rd July 2019

Last day for students – Friday 27th September 2019

4

Students and Staff return – Monday 14th October 2019

Last day for students – Wednesday 18th December 2019

MONA VALE PUBLIC SCHOOL

WELCOMES YOU TO OUR 2020 KINDERGARTEN OPEN DAY



You are invited to attend one of our Kindergarten Open Days on

Wednesday 5th June or Wednesday 3rd July
9:30am to 11:00am

The Open Days will provide information about the opportunities available at our wonderful school and include a school tour.

Mona Vale Public School
Waratah Street Mona Vale 2103
PH: 02 9999 3481
Email: monavale-p.school@det.nsw.edu.au



Excellence – Innovation Community



We are now using Flexischools to make school communications even easier.

Flexischools makes it possible to:

- Receive school communications in real time
- Receive relevant year group communications
- Easily access other school services



 flexischools

Download the Flexischools app, subscribe to a communication group and get alerted on school news, events and more....

FOLLOW THE STEPS BELOW FOR SET UP.

1 Download the Flexischools App

Note: for iPhone and iPad please select 'Allow' notifications.



2 Add your School and Group

Click on the search icon, enter your school name, select your school and year group, or groups relevant to you.



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🖱️ flexischools.com.au



10 years supporting
the school community



Connecting schools
and parents



Over 1,400
happy schools

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Save the date!

Destination Moon!

More Science, More Curiosity at MVPS!

Our annual open day is changing.

This year we will be holding an

open evening to showcase

all the fantastic work your

children have been doing

in science.

Please keep the date free and keep

checking the newsletter for updates.

Thursday 8th August

School open from 4:30-7:00pm



Mona Vale Public School

SCHOOL PHOTOGRAPHS WILL BE TAKEN ON:

Monday 17 June 2019 and Tuesday 18 June 2019

**ORDER NOW go to www.advancedlife.com.au and enter the code
JHJ WMH NJ2**

Dear Parents,

School photographs are scheduled to be taken by **advancedlife**. Our school has arranged for all school photography packages to be ordered online via our school portal. This reduces administration and potential security issues related to the return of cash and envelopes on photo day.

Orders for packages and sibling photographs can be placed securely online at **www.advancedlife.com.au** using our school's unique **9 digit advancedorder code**. Portrait and group package orders are due by photography day.

Should you wish to purchase a sibling photograph online, the order must be placed no later than the day before photography day. Sibling photographs will only be taken if an order has been placed.

Should you have any queries concerning school photographs or online ordering, please direct them via email to enquiries@advancedlife.com.au



YEAR 5 & 6 DISCO



Date: Friday 28th June 6-7:30pm

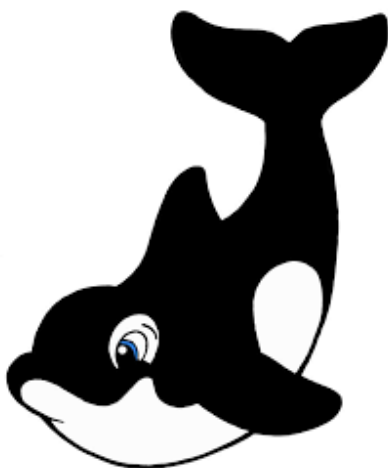
Where: MVPS School Hall

Cost: \$12 entry via flexischools
or \$15 on the night

All money raised will go to supporting
the Mona Vale Band & String program.

Theme: Black & White

Ideas: Piano, dominoes, orca,
soccer ball, checkerboard, zebra,
penguin, dice, dalmatian, panda, ying-
yang.



Northern Beaches Music Festival 2019

Wednesday 12th June (Day 1)

Session 1: 5:00pm

- Curl Curl North Public School Training Band (Lemin Luu)
- Manly Vale Public School Senior Band (Ben Dickson)
- St Kieran's Catholic Primary School Senior Band (Surrey Hodges)
- St Luke's Grammar School Intermediate Concert Band (Kylie Tyson)

Session 2: 6:40pm

- Allambie Heights Public School Performance Band (Surrey Hodges)
- Kambora Public School Performance Band (Ben Perche)
- Manly Vale Public School Junior Band (Ben Dickson)
- St Luke's Grammar School Wind Ensemble (Kylie Tyson)

Thursday 13th June (Day 2)

Session 1: 5:00pm

- Elanora Heights Public School Training Band (Solomon Frank)
- Harbord Public School Intermediate Band (Sandie Rose-Castle & Andrew Laurich)
- Narraweena Public School Senior Band (Rick Robertson)
- St John the Baptist Catholic School Concert Band (Danielle Cosford)

Session 2: 6:40pm

- Brookvale Public School Concert Band (Jason Smith)
- Harbord Public School Concert Band 1 (Sandie Rose-Castle)
- St John the Baptist Catholic School Training Band (Raylie-Anne Baldock)
- St Rose Catholic Primary School Concert Band (Rachel Rule)

Friday 14th June (Day 3)

Session 1: 5:00pm

- Elanora Heights Public School Senior Band (Rachel Rule)
- Harbord Public School Junior Band (Sandie Rose-Castle & Debbie English)
- Manly West Public School Intermediate Band (Penelope Coucill)
- NBSC Mackellar Girls Campus Concert Band (Vanessa Patterson)

Session 2: 6:40pm

- Harbord Public School Concert Band 2 (Sandie Rose-Castle & Debbie English)
- Manly West Public School Performance Band (Penelope Coucill)
- Mater Maria Catholic College Concert Band (Klara Hollestelle-Watson)

- Newport Public School Training Band (Ben Swatton)

Sunday 16th June (Day 5)

Session 1: 9:00am

- Collaroy Plateau Public School Concert Band (James Power/ Kylie Tyson)
- Curl Curl North Public School Senior Band (Tim Collins)
- Frenchs Forest Public School Training Band (Kinsey Alexander)
- Northern Beaches Christian School Concert Band (Dani Cosford)

Session 2: 10:40am

- Balgowlah North Public School Senior Band (Natascha Harris)
- Cromer Public School Training Band (Tim Collins)
- Dee Why Public School Concert Band (Sasha Stocken)
- Northern Beaches Christian School Training Band (Raylie-Anne Baldock)

Session 3: 12:20pm

- Balgowlah North Public School Concert Band (Natascha Harris)
- Cromer Public School Senior Band (Tim Collins)
- Dee Why Public School Training Band (Sasha Stocken)
- Frenchs Forest Public School Intermediate Band (Ben Swatton)

Session 4: 2:00pm

- Cromer Public School Intermediate Band (Tim Collins)
- Killara High School Concert Band 2 (Melissa Mony)
- Killarney Heights Public School Senior Band (Christine Young)
- Wheeler Heights Public School Training Band (Anthony MacDermott)

Session 5: 3:40pm

- Collaroy Plateau Public School Performance Band (Kylie Tyson)
- Collaroy Plateau Public School Training Band (Kylie Tyson)
- Killarney Heights Public School Concert Band (Nic Jeffries)
- Middle Harbour Public School Senior Band (Bryan Randall)

Session 6: 5:20pm

- Frenchs Forest Public School Performance Band (Kinsey Alexander)
- Killarney Heights Public School Junior Band (Nic Jeffries)
- **Mona Vale Public School Intermediate Band (Jacqui Shaw)**
- The Forest High School Wind Ensemble (Ben Dickson)

Session 7: 7:00pm

- **Mona Vale Public School Concert Band (Jacqui Shaw)**
- Our Lady Of Good Counsel Performance Band (Janella Fyfe)

- St Joseph's Catholic Primary Narrabeen Concert Band (Monique Warokka)
- The Forest High School Concert Band (Lemin Luu)

Tuesday 18th June (Day 6)

Session 1: 5:00pm

- Arts Alive Combined Schools Band Junior Secondary Band (Matthew Hurditch)
- Beacon Hill Public School Concert Band (Matthew Hurditch)
- Newport Public School Intermediate Band (Ben Swatton)
- Pittwater High School Symphonic Band (Martin Hardy)

Wednesday 19th June (Day 7)

Session 1: 5:00pm

- Allambie Heights Public School Training Band (Surrey Hodges)
- Beacon Hill Public School Intermediate Band (Matthew Hurditch)
- Killarney Heights High School Concert Band (Nic Jeffries)
- Oxford Falls Grammar School Concert Band (James Hill)

Session 2: 6:40pm

- Allambie Heights Public School Concert Band (Surrey Hodges)
- Curl Curl North Public School Junior Band (Frances Fordham)
- Oxford Falls Grammar School Symphonic Wind Ensemble (James Hill)
- St Kieran's Catholic Primary School Junior Band (Surrey Hodges)

Thursday 20th June (Day 8)

Session 1: 5:00pm

- Brookvale Public School Training band (Solly Frank)
- Northern Beaches Christian School Wind Orchestra (Michael Murphy)
- Seaforth Public School Performance Band (Rob Jardine)
- Stella Maris College Concert Band (Rob Sutcliffe)
- Stella Maris College Senior Band (Jessica Maker)

Session 2 Special Concert: 7:00pm

Friday 21st June (Day 9)

Session 1: 5:00pm

- Arts Alive Combined Schools Band Primary Band (Matthew Hurditch)
- Forestville Public School Concert Band (Matthew Hurditch)
- Manly West Public School Training Band (Penelope Coucill)
- The Pittwater House Junior Band (Kelvin Anderson)

Session 2: 6:40pm

- Forestville Public School Training Band (Lemin Luu)
- Manly West Public School Concert Band (Penelope Coucill)
- The Pittwater House Performance Band (Kelvin Anderson)
- The Pittwater House Symphonic Winds (Mr Kelvin Anderson)

Sunday 23rd June (Day 11)

Session 1: 9:00am

- Bilgola Plateau Public School Training Band (Robert Sidaway)
- Middle Harbour Public School Concert Band (Ray Hampton)
- St Ives North Public School Senior Concert Band (Luis Madrid)
- Wheeler Heights Public School Intermediate Band (Shauna Tyson/Derek Barg/Kirrily Swatton)

Session 2: 10:40am

- Bilgola Plateau Public School Performance Band (Robert Sidaway)
- Middle Harbour Public School Training Band (Luis Madrid)
- Narrabeen Lakes Public School Senior Band (Jennifer Power)
- St Ives North Public School Junior Concert Band (Robert Jardine)

Session 3: 12:20pm

- Bilgola Plateau Public School Concert Band (Robert Sidaway)
- Forestville Public School Intermediate Band (Christine Young)
- Narrabeen Lakes Public School Training Band (Jennifer Power)
- Pittwater High School Concert Band (Joshua Hughes)

Session 4: 2:00pm

- Avalon Public School Concert Band (Sarah Shaw)
- Balgowlah North Public School Training Band (Angus Bullough)
- Belrose Public School Performance Band (Katie Anderson)
- Pittwater High School Performance Band (Fiona Gudmunson)

Session 5: 3:40pm

- Avalon Public School Senior Band (Sarah Shaw)
- Barrenjoey High School Concert Band (Joshua Hughes)
- **Mona Vale Public School Training Band (Joshua Hughes)**
- Narrabeen North Public School Performance Band (Janella Fyfe)

Session 6: 5:20pm

- Arts Alive Combined Schools Band Senior Secondary Band (James Hill)
- Avalon Public School Training Band (Sarah Shaw)
- Newport Public School Performance Band (Ben Swatton)
- Northern Beaches Symphonic Youth Band (Jennifer Power)

Session 7 Gala Concert: 7:00pm

- **Mona Vale Public School Performance Band (Joshua Hughes)**
- NBSC Mackellar Girls Campus Performance Band (Vanessa Patterson)
- Northern Beaches Concert Band (Sarah Shaw)
- Northern Beaches Symphonic Wind Ensemble (Dr Martin Hardy)
- Terrey Hills Public School Concert Band (Bec Hildebrandt)

LIVE LIFE WELL

Fundamental movement skills

There is evidence that children with poor fundamental movement skills such as jumping, skipping, leaping, kicking, throwing and catching are less likely to be active. Give your kids a head start and teach them these skills.



Ideas to get your family moving:

- Go outside and play chasing, ride bikes or throw a ball or a Frisbee.
- Encourage children to make their own obstacle course at home. You could use garden hoses as tight-ropes, chairs to crawl under, and the clothes line to run around. Include a skipping rope and some jumping. For variety ask them to walk backwards, hop or skip through the obstacle course. Time them to see how they are improving.
- Encourage your child to play outside whenever possible. Play along whenever you can.
- Be a good role model – be active when you're with children. What gets children moving is what parents do, not what they say. Children learn by example!
- Include games and walks in family outings.
- Negotiate a time limit on sedentary activities such as watching TV and playing computer games.
- Walking together is a good time to talk to children about their lives and yours.
- Be prepared, think about activities your family can do in and around your home. Have some plans for wet days.





Hi My name is Zivana Spittles and I'm the new Coordinator at Camp Australia Mona Vale. I'm very excited to part of Camp Australia and make some bright, new changes to our before and after school Care service.

I was a student at Mona Vale Primary School from 1970 - 1977, starting in Kindy right up to grade 6. I was also an Educational Leader at Jack and jill Child Care, Mona Vale for 13 years.

I am a fully qualified Educator with a wealth of knowledge of the Early Education Sector with 20 years of experience under my belt.

I would love to have a chat, so feel free to drop by and say hello.

Have a great day.

Zivana

Kind Regards,

Gavin Doyle
Regional Manager

Phone: 1300 105 343 | Fax: | Mobile: +61 437 499 750

www.campastralia.com.au