



Mona Vale Mail

p. 9999 3481 f. 9997 8446 e. monavale-p.school@det.nsw.edu.au w. monavale-p.school@det.nsw.edu.au

Welcome to
WEEK 9!

Reminder:

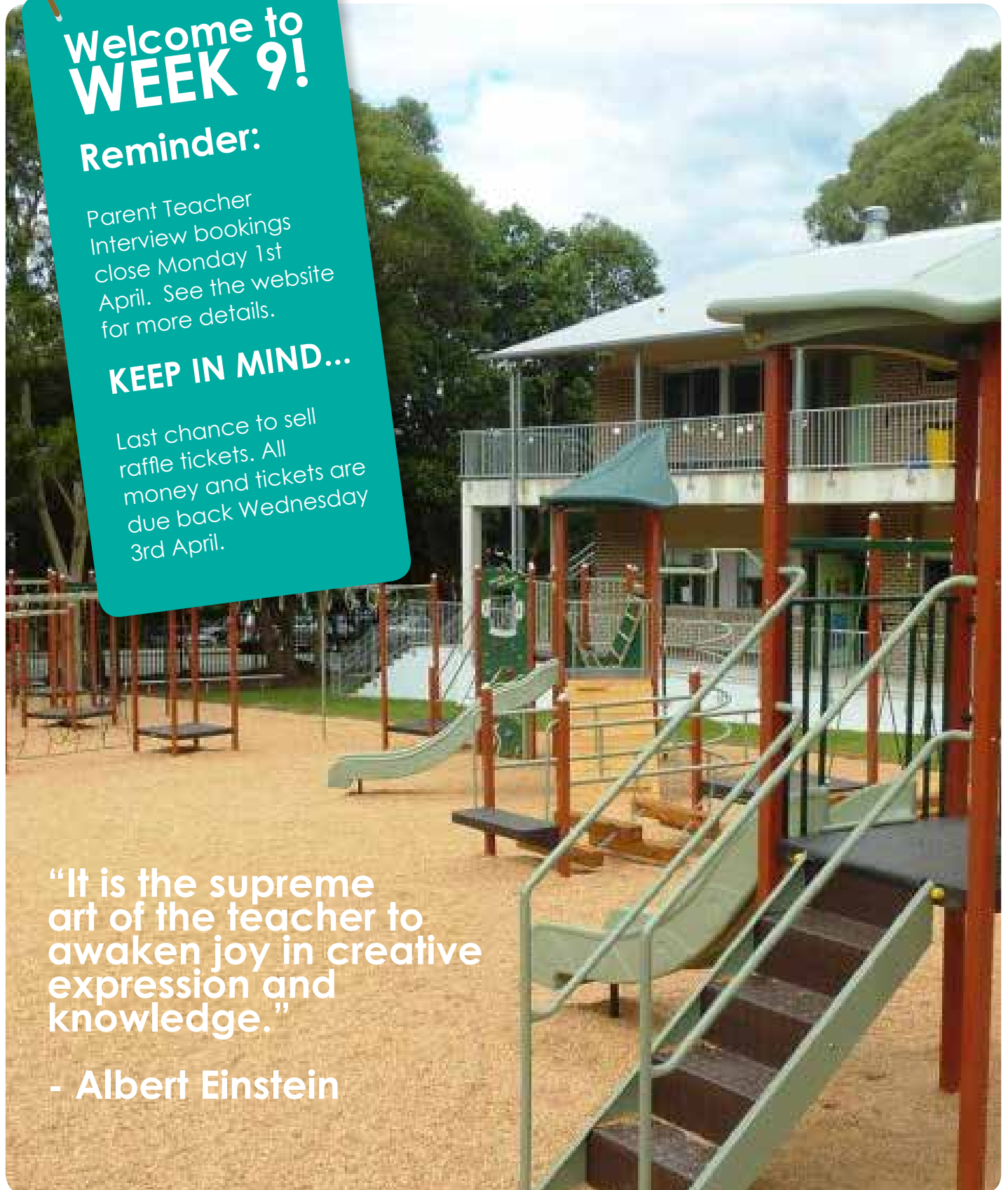
Parent Teacher
Interview bookings
close Monday 1st
April. See the website
for more details.

KEEP IN MIND...

Last chance to sell
raffle tickets. All
money and tickets are
due back Wednesday
3rd April.

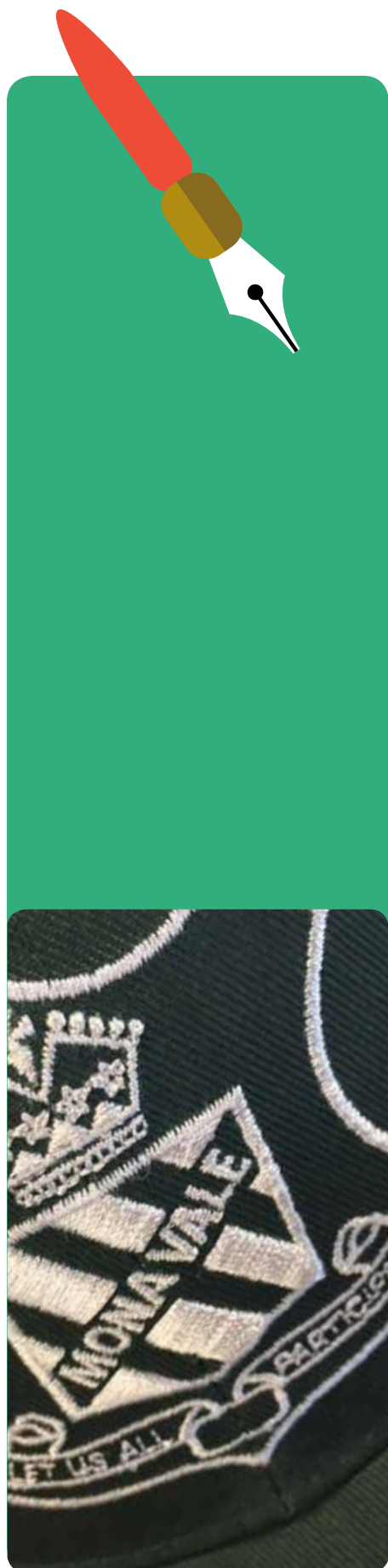
**"It is the supreme
art of the teacher to
awaken joy in creative
expression and
knowledge."**

- Albert Einstein





From the Principal



Dear Parents

Thank you to all of our parents who are observing the parking guidelines around the school. We know it can be difficult to get a spot at certain times in the morning and afternoon.

Car Raffle

Thank you to those students who have already returned their tickets. We still have a large number not returned. NEXT Wednesday 3rd April is the final day to return tickets if you have not already done so. All funds will be directed to our Makerspace a fantastic new facility for all of our students. Please support the school as this is our only major fundraiser this year!

Parent Teacher Interviews

Next week staff will make themselves available for parents who would like to discuss their child's progress. I encourage all parents to take the opportunity to book a time with your child's teacher.

Band camp

Mona Vale is proud of our amazing Music and Band programs and this weekend our students will be at Band camp. I would like to thank the Band Committee and Mona Vale staff for organising this amazing opportunity for our students and look forward to the concert on Sunday.

Regards

Greg Jones
Principal



From the Office

Administration Hours:

8:30am - 3:15am

Notes On The Website

Please check the notes on the website regularly.

Reminders

- Parent/Teacher interviews are on Tuesday 2nd April and Wednesday 3rd April – see information on the website to make a booking.
- Raffle Tickets – please send your raffle tickets and money in by Wednesday 3rd April.
- Year 3-6 ICAS competitions payments must be made by Tuesday 3rd April. No late entries will be accepted. See our website for details.

Lost Property

Due to current renovations for our "Make a Space" room, the lost property is currently ALL located in the K-2 area.

TLC Mufti Day

On Tuesday 2nd April we are holding a mufti day to raise funds for TLC. See the flyer in this newsletter. Please wear colourful clothes and bring in a gold coin donation for TLC. Thanking you.

Regards

Leonie Gallard
School Administration Manager

“We are so grateful
for everything you're
doing for us. It makes the
world of difference.”
- 2018 -



Just what's needed



TLC is a volunteer community organisation providing practical support for MVPS families when affected by serious illness, severe injury or bereavement.



Calendar

Mona Vale Manners

Week 10

Wait for adults
to finish their
conversation
before speaking
to them and
remember to
say, 'Excuse me,'
when you do!

(begins Monday 1st April)

WEEK 10

MONDAY 1st

Life Education

TUESDAY 2nd

Life Education

TLC Muffi Day Fund Raiser

3-7pm Parent Teacher Interviews

WEDNESDAY 3rd

Life Education

Year 2 Possum Magic Excursion

Year 5 Police Cyber Safety Visit

3-7pm Parent Teacher Interviews

THURSDAY 4th

Life Education

Honour Assembly

FRIDAY 5th

Life Education

Kindergarten Disco

5B & 6G Great Minds Incursion

WEEK 11

MONDAY 8th

Life Education

5B & 6G Incursion

TUESDAY 9th

Life Education

Kindergarten ANZAC Assembly

Easter Assembly

WEDNESDAY 10th

5S @ War Vets

Year 6 Police Cyber Safety Visit

THURSDAY 11th

Years 1-6 ANZAC Assembly

State Swimming Carnival

FRIDAY 12th

9:30am - 10:45am K-2 Easter Hat Parade

State Swimming Carnival



Sport News

Congratulations to **Prince K** and **Cruz D** who played as a part of the combined Zone Rugby League team at the Central Coast on Wednesday. Both boys were selected from a huge pool of talented players to be a part of the Sydney North team to play at State.

We are so proud of you boys!

Congratulations to **Mia S** who successfully trialled at the Central Coast on Tuesday for the Sydney North Hockey team. She will now represent her region at State next term.

We are so proud of you Mia. It's been a while since anyone from Mona Vale was a part of the Hockey team! Good luck.

Thank you

Mel Stevenson
Assistant Principal, Stage 3
Sport Coordinator

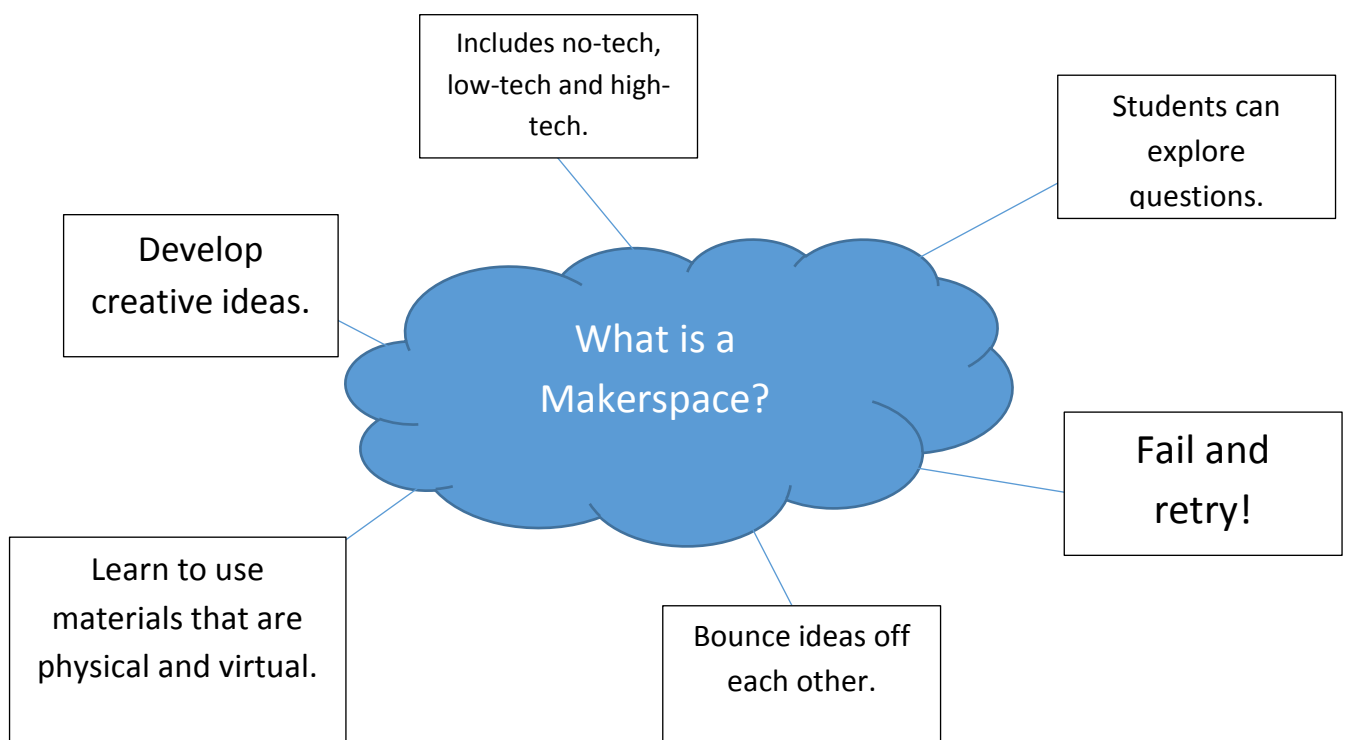




Makerspace

Makerspace

We are excited to announce the build for our Makerspace has commenced today! Watch this space for progress.





Bus Shelter Mural

Mural in the Bus Shelter

Year 6 in 2018 decided that their 'gift' to the school was going to be a mural in the bus shelter. They wanted to brighten up the school and they wanted the students and the community to take in a message as they walk into the school grounds each day. They raised money from their Mini Fete, and after consultation with the SRC, we sent our ideas to a graphic designer to see how he could transform the blank canvas to inspire MVPS each day. Migeul has been working on the mural this week and we couldn't be happier with the results that are unfolding each day... Be sure to take note as you walk past or get your child to keep their eyes out.

Thanks to **Mr Kelson** who coordinated the project! We cannot wait to see the finished product.

THANK YOU

Year 6 2018.





Clean Up Australia Day



Clean Up Australia Day 2019

Last week, Mona Vale students cleaned up our school! It was great to see everyone out in our playground collecting waste that had been left by our peers. There was a huge amount of landfill (red bin) and hard plastics/metal/glass (yellow bin). Our goal is to significantly reduce our waste and environmental foot print.

Please help us save the environment for the future by doing the following:

- Use containers instead of plastic bags
- Label all containers!
- Wrap your sandwich in a bees wax wrap or put it in a container
- Put your yoghurt in a small container and bring a spoon
- Use biodegradable items
- Separate your waste into the correct bins at home
- Start composting (it can even be done in an apartment)

Every little bit counts towards saving our environment for future generations!





Harmony Dinner



Premier's Harmony Dinner

Recently, I was lucky enough to attend the Premier's Harmony Dinner with the director of Lotus Mandarin at our school, Jing Gandy. It was a lovely evening which celebrated the contributions of multicultural leaders in our communities.

The Lotus Mandarin program at our school (after school on Tuesdays) is delivered in an interactive and fun way, engaging students with topics and themes that captivate them. Students learn the language through fun activities such as singing, drama performances and interactive learning games. Lotus Mandarin's culture components include Chinese arts and crafts, appreciation of classical Chinese poetry and general knowledge of Chinese traditions.

You can find further information on the school website under Notes and Forms.

Sarah Bryce
(Lotus Mandarin teacher liaison)





ANZAC Day

Raise the Flag for ANZAC Day

Raise the Flag is an ANZAC Day related event to help our young people learn about the significance of ANZAC Day as well as a way to learn more about our veterans as a family. Raise the Flag is an initiative run by Northern Beaches Council as part of the Honour our Fallen program. Honour Our Fallen has a mission to ensure a flag is erected each Anzac Day, on every grave or memorial plaque in Australia to honour those who have served their country. The link to the website is: <http://honourourfallen.com>.

Raise the Flag is happening at Mona Vale Cemetery on Tuesday April 16th beginning at 9am and finishing at approximately 11am with morning tea (hot cross buns and Easter eggs!).

Ideally the council would love a maximum of 10 groups from Mona Vale Public School each with 3 or 4 children /adults – one to “dig” the hole, one to carry the flags, one to read the map and one to put the flag in place and the group could take turns at each role. Each group needs to have at least one adult with them who will supervise the activity. You could come as a family or form a group of students who come with one supervising adult.

There may also be students with a relative in the cemetery who is a veteran – it would be possible for those students to personally place the flag for their grandparent or uncle/aunt etc.

If you are interested in joining in with this initiative, or checking whether a veteran relative of yours is being honoured with a flag, please email Nadine Phipps at:

cemeteries@northernbeaches.nsw.gov.au.

If you have any questions before you decide to email the council to participate, please contact Sarah Bryce through: monavale-p.school@det.nsw.edu.au





5R's Sustainability

The 5Rs of Sustainability:

In class, everyone has been learning about the 5Rs of Sustainability and how to be more sustainable and care for the environment. These activities have broadened the students' understanding of 'caring' and taught them that 'caring' for our environment and our surrounds did not just mean putting rubbish in the bin.

The 5Rs of Sustainability are a great way to engage with positive environmental practices.

- Refuse: say no (politely) to plastics and landfill items such as plastic bags, fruit/veg wrapped in plastic, squeeze yoghurt
- Reduce: reduce the amount of plastic you use, choose wisely when purchasing products, choose products that are recyclable, only buy what you need, buy in bulk, choose locally made products over international products
- Reuse: don't throw away items that can be reused such as zip lock bags, furniture, boxes, clothes etc. Use reusable containers instead of single use items (such as cling wrap and alfoil), reuse items for another purpose (milk bottles for pot plants)
- Recycle: turn items back into their original form such as recycling paper allows paper to be turned back into paper!
- Rethink: question yourself "do I really need to get that plastic bag?" rethink how much plastic you use and what you could use instead

Thank you for helping Mona Vale PS children to do their bit in saving the environment for their future!

News

Thank you to all the canteen volunteers. It's terrific to see you all and so nice to make new friends.

If you'd like to join the canteen volunteers please email me on canteen@monavalepsca.com.au.

Birthday Treat

By Term 2 the birthday treat option will be on FLEXISCHOOLS.

There will be 2 choices; a rainbow platter made from fresh fruit or Quelch sticks. Order 24 hours in advance and payments made on FlexiSchools.

Flexischool Orders

Please place your lunch orders on FlexiSchools by 9am daily.

If a child has no lunch order and no lunch, the canteen supplies a ham, cheese or vegemite replacement sandwich and their name is recorded for payment collection purposes.

If a lunch order has not been placed on Flexischools by 9am then again, the canteen will supply a ham, cheese or vegemite replacement sandwich and the payment will be made by parents on the IOU option of Flexischools.

I find as we head towards the end of Term, family life becomes very hectic. Many families place their orders the night before or set up weekly recurring orders. These options may help your family life.

Help Needed

A bit of extra help would be appreciated running into the end of Term; Thursday 11th and Friday 12th in particular. Please email canteen@monavalepsca.com.au if you're able to help out.

Winter Menu

Get ready for a few new WINTER MENU items on Flexischools during Term 2 & 3.

Canteen

	MONDAY 1st	TUESDAY 2nd	WEDNESDAY 3rd	THURSDAY 4th	FRIDAY 5th
10	Hanna J Danielle R	Anne W Bec P Esther N	Danielle R Emma K Rebecca W	Marcela H Helen M	Xtina G Helen M Suhento Shervy
	MONDAY 8th	TUESDAY 9th	WEDNESDAY 10th	THURSDAY 11th	FRIDAY 12th
11	Angus G Danielle R Ann W	Donna R Kirstee H	Jack P Danielle R Nikki M Louise M	Helen M Brad	Last Day of Term Helen M Sandy C Volunteers Needed
	MONDAY 29th	TUESDAY 30th	WEDNESDAY 1st	THURSDAY 2nd	FRIDAY 3rd
1	Staff Development Day	Students Return	Danielle R Barb LG	Helen M Helpers Needed	Helen M Helpers Needed
	MONDAY 6th	TUESDAY 7th	WEDNESDAY 8th	THURSDAY 9th	FRIDAY 10th
2	Elaine G Anne W Danielle R	Bev Michelle L	Hayley H Jack P Danielle R	Helen M Sandy C Steve T	Bec S Sam M Nikki M Kim C Helen M Severine D
	MONDAY 13th	TUESDAY 14th	WEDNESDAY 15th	THURSDAY 16th	FRIDAY 17th
3	Angus G Jodie H Rebecca S	Corrina Amy Kirsty L	Natalie W Anthea F Danielle R	Helen M Rebecca W Xtina	Vikki K Helen M Kerri W Angela I



Uniform Shop

Opening Hours

Mondays 2:30pm - 3pm

Tuesdays & Thursdays 8:30am - 10:30am

We have some additional open times for Winter Uniform fittings, by appointment only. We are open Monday afternoon, Tuesday and Thursday mornings as per usual.

Wednesday 3rd April 3-4pm.

Wednesday 10th April 3-4pm.

Student Free Day 29th April 1-3pm.

Wednesday 1st May 3-4pm.

Go to website www.schoolinterviews.com.au.

Enter event code: **paw82** in the green box.

Enter your name, email, and the student name.

Click GO.

Then select the time you would like.

There are a lot of non-school uniform items in the lost property areas, lunch bottles/drink bottles/shoes general clothing/tennis racquets etc. Any items not collected by the end of the term will be either given to charity or thrown away.

2019 Volunteer Portal is now active for Term 2. Volunteers are always needed, even if you can only spare a couple of hours once or twice a month.

If you are able to volunteer in the shop, please go to website www.carebookings.com.au.

Enter event code: **B7MJN** in the green box.

Profits made during the year in the uniform shop are given back to the P&C to support initiatives.

MONDAY 1st	TUESDAY 2nd	WEDNESDAY	THURSDAY 4th	FRIDAY
Tracie F			Claudia S Rachel F	
MONDAY 8th	TUESDAY 9th	WEDNESDAY	THURSDAY 11th	FRIDAY
Tracie F Jo T	Sandy C Sandy N			

Regards

Hanna Jones

Uniform Shop Supervisor

uniformshop@monavalepsca.com.au



2019 Term Dates



TERM DATES



1

Students return - Wednesday 30th January (Years 1-6) (Year 3-6 School Swimming Carnival)

Kindergarten Best Start Assessments – Wednesday 30th January, Thursday 31st January & Friday 1st February

Kindergarten starts - Monday 4th February 2019

Last day for students - Friday 12th April 2019

2

Staff Development Day – Monday 29th April 2019

Students return – Tuesday 30th April 2019

Last day for students – Friday 5th July 2019

3

Staff Development Day – Monday 22nd July 2019

Students return – Tuesday 23rd July 2019

Last day for students – Friday 27th September 2019

4

Students and Staff return – Monday 14th October 2019

Last day for students – Wednesday 18th December 2019



Kindergarten

Crazy

Rainbow

Hair Disco



Friday 5th April, 2019

4:30pm-5:30pm in the MVPS School Hall

**Parents welcome to the Staffroom for refreshments
while kids dance and play**

\$10 tickets you can buy from

flexischools.com.au

All proceeds go to Mona Vale Band and String Program



Year 6 Farewell 2019



The year is going very quickly and before we know it, December and the farewell will be here! We will be having the Year 6 Farewell at Pittwater RSL on Monday 16th December 2019.

We are going to have our initial meeting on 10th April 4.00-5.00pm, in 6C's classroom. At this time, we will organise a committee of helpers, designate someone as coordinator and treasurer, attempt to decide on a theme for the night, allocate someone to work with a student team for the year book and establish someone to organise the DVD. Please have a think about how you can help out this year.

If you are unable to attend but would love to be involved, please send me an email (remy.channon1@det.nsw.edu.au) or leave a message for me at the office.

Thanks and looking forward to seeing you all then.

Year 6 Teachers





Mufti Day!

It's Mufti Day on Tuesday 2nd April!
Wear colourful clothes to school and bring a gold coin donation in support of TLC, MVPS's very own community organisation, which provides practical support to Mona Vale Public School members and families in times of medical crisis.



**Tender Loving
Community**



Services we provide include:

- ♥ basic grocery deliveries
- ♥ organising meal rosters
- ♥ meal deliveries
- ♥ organising school lunches
- ♥ cleaning services
- ♥ garden maintenance
- ♥ laundry services
- ♥ and more...



**FUN NIGHT + GIVE BACK
TO OUR SCHOOL**

KIDS NIGHT AT

Park^{THE} House

PARK ST, MONA VALE

MONA VALE PUBLIC SCHOOL

**ENJOY DINNER AT PARK HOUSE
THE LAST THURSDAY
OF EVERY MONTH**

**50% OF ALL KIDS MEALS SOLD
WILL BE DONATED BACK TO OUR SCHOOL**

2 PARK ST, MONA VALE NSW 2103 | 02 8998 3000

PITTWATER HIGH PRESENTS

DIRTY ROTTEN SCOUNDRELS THE MUSICAL

Book By
Jeffrey Lane

Music and Lyrics By
David Yazbek

Based on the film "Dirty Rotten Scoundrels" written by
Dale Launer and Stanley Shapiro & Paul Henning

Matinee Preview: Sunday 31 March 1pm

Thursday 4 April
7:30pm

Friday 5 April
7:30pm

Saturday 6 April
7:30pm

Thursday 11 April
7:30pm

Friday 12 April
7:30pm

Saturday 13 April
7:30pm

TICKETS AVAILABLE: [trybooking.com](https://www.trybooking.com/BBG6C)

<https://www.trybooking.com/BBG6C>

Licensed exclusively by Music Theatre International (Australasia).
All performance materials supplied by Hal Leonard Australia.

School zones operate
between 8 - 9.30am and
2.30 - 4pm on school days.

The speed limit is 40km
in all school zones.

We aim to improve road safety in
school zone areas to protect children
on their way to and from school.

It's important to understand the road
conditions and signage in school zone
areas. Please assist us by keeping
our roads safe and educating your
children to be safe around traffic.

Child safety is paramount and
we make no apology for issuing
infringements to drivers illegally
parked in school zones. We are
continuously conducting patrols
during school terms to ensure
child safety around our schools.

Please note:

Penalty rates are current as of 1 July 2018.
Demerit points can increase the cost of
your Greenslip.

School Zones

They keep our
children safe



northern
beaches
council



No Parking

No Parking zones can be used to **drop off** and **pick up** children

- Drivers may stop to drop off or pick up passengers or goods for a maximum of 2 minutes.
- The driver **must** remain in or **within 3 metres** of the car
- Do not leave the vehicle unattended



Penalty \$187 and two demerit points

Bus Zone

Stopping is **not permitted** at any time.

- Drivers are not permitted to stop in a bus zone at any time. Unless, the sign shows times of operation, then the restriction only applies during those times.



Penalty \$337 and two demerit points

Driveways

Do not park across or on a driveway or any other vehicle access way.

Penalty \$337 and two demerit points



No Stopping

Stopping is **not permitted** at any time.

- Dropping off or picking up passengers is **not permitted** in these areas.
- A continuous yellow line on the edge of the road also indicates a No Stopping zone.

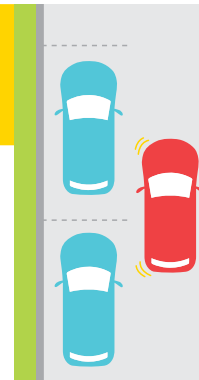


Penalty \$337 and two demerit points

Double Parking

Double parking reduces visibility for other motorists and pedestrians.

- Vehicles must not stop next to legally parked vehicles, even for a short time.
- It is illegal to park within three metres of double white centre lines



Penalty \$337 and two demerit points



Live Life Well

Easy ways to add physical activity to your day:

- ✓ walk to the store, the school or the playground instead of using the car
- ✓ allow time for children to play outdoors
- ✓ park the car away from the shops
- ✓ get off the bus one stop earlier
- ✓ don't use the remote control
- ✓ plant a veggie garden
- ✓ take the stairs instead of escalators or lifts
- ✓ schedule regular time each week for your family to be physically active together
- ✓ limit television time to no more than two hours per day or 14 hours a week.



Live Life Well @ School

LET'S SKIP TO IT!

Skipping is a fun way to improve cardiovascular fitness, balance coordination and muscle tone.

Get Skipping!

- **Practice** a walking skip by moving arms over the head before attempting to step or jump over the rope
- **Skip** through a hoola hoop
- **Play** fun music and skip in time to the beat
- **Get involved** in Jump Rope for Heart!



Skipping rope teaching cues:

1. Head and shoulders held level and straight
2. Arms held at 90 degrees with elbows close to the body
3. Move wrists in a circular action to turn the rope
4. Slight knee bend

For more ideas:
Search 'Jump Rope' at
www.heartfoundation.org.au



Health
Northern Sydney
Local Health District

Live Life Well @ School

BIKE RIDING!

Children under 16 years of age (and adults supervising them) are now allowed to ride on footpaths in NSW.
Happy riding!

Follow these tips for safer cycling:

- Wear an approved, fitted and fastened helmet
- Keep left when riding on the footpath and give way to pedestrians
- Wear bright or reflective clothing to make yourself visible
- Travel at a speed that is safe for you and others



National RIDE2SCHOOL Day

22 March 2019 is
National Ride2SchoolDay.

Walk, bike, ride, skate or scooter to school to celebrate active travel!

More tips:
www.bicyclenetwork.com.au
www.roadsafety.transport.nsw.gov.au



Health
Northern Sydney
Local Health District

Ethics classes at Mona Vale Public School

We urgently need new teachers. If you value our Primary Ethics program at MVPS, please volunteer!

Kindergarten, Year 1 and 2 classes – Tuesdays 8.50-9.30am

Year 3 and 4 classes – Tuesdays 9.30-10:10am

Year 5 and 6 classes – Tuesdays 10:10-10.50am

Dear Parents and Carers,

As you know from your child's participation last year, we have a thriving philosophical ethics program at Mona Vale Public School (MVPS) for classes K-6. Ethics classes teach children how to evaluate evidence and use reasoning to make decision.

- Ethics classes are held during the Special Religious Education (Scripture) time each week (40 minutes) and are available to children not enrolled in Scripture. In Primary Ethics classes, children learn how to think logically, disagree respectfully and support their arguments with evidence, rather than act according to blind habit or peer pressure.

We are very fortunate at MVPS to have a dedicated group of volunteers who deliver classes each week during the Scripture/Ethics time (Tuesday mornings)! **We need at least 2 new teachers to be able to continue the program at this level.**

Ethics teachers receive full training by Primary Ethics, the not-for-profit organisation approved by the NSW State Government to design curriculum and training for the ethics program. Training consists of a two-day workshop and short online modules. Lesson materials are provided. Suitable volunteers have an interest in children's education and development of critical thinking skills and must be available on Tuesday mornings each week.

Please visit www.primarvethics.com.au or contact monavale.ethics@gmail.com to find out how you can become an ethics teacher ☺.

I look forward to hearing from you!

Michelle Eggins
Primary Ethics Volunteer coordinator, MVPS
Monavale.ethics@gmail.com