



Mona Vale Mail

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**Welcome to
WEEK 6!**

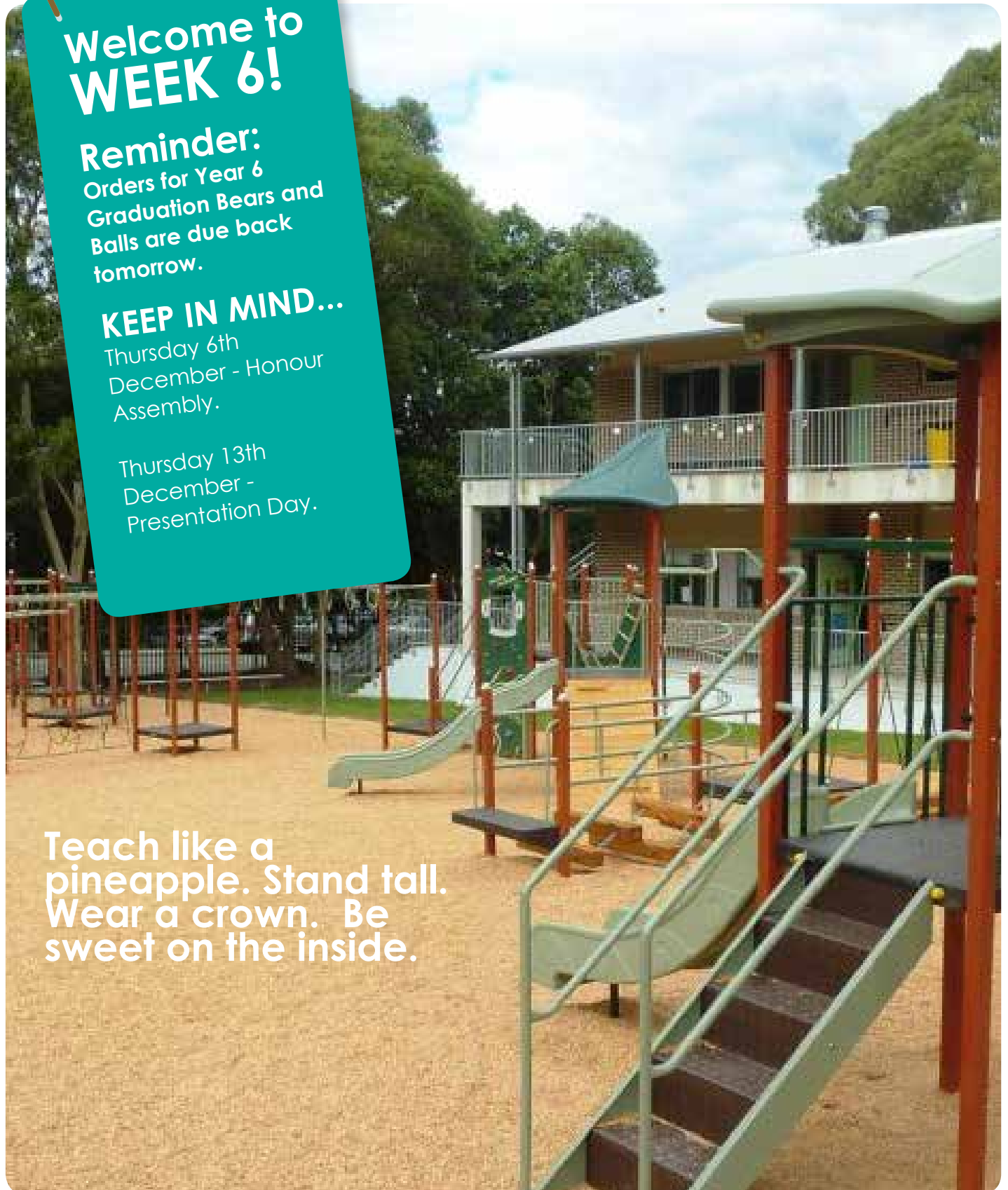
Reminder:
Orders for Year 6
Graduation Bears and
Balls are due back
tomorrow.

KEEP IN MIND...

Thursday 6th
December - Honour
Assembly.

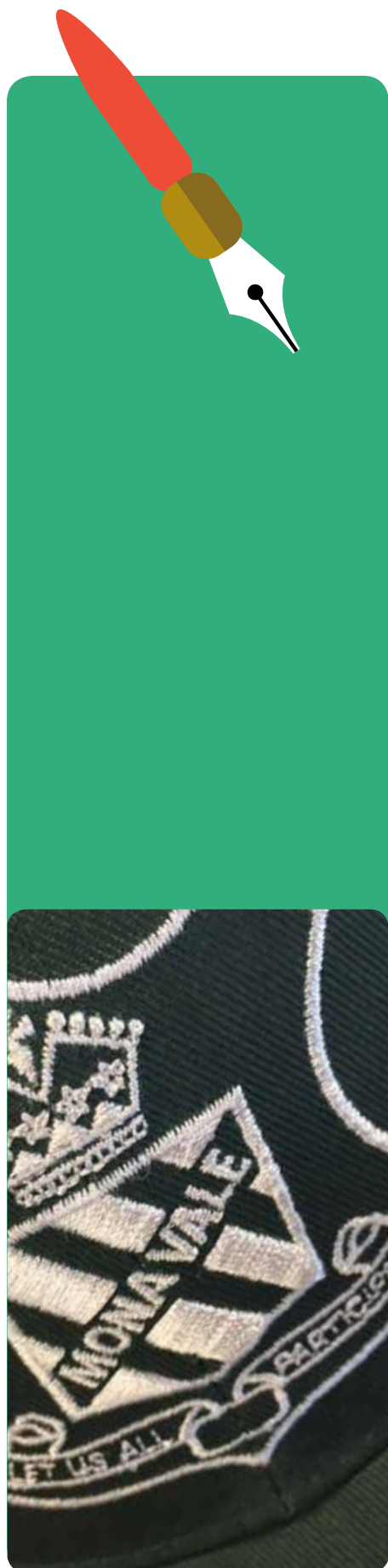
Thursday 13th
December -
Presentation Day.

**Teach like a
pineapple. Stand tall.
Wear a crown. Be
sweet on the inside.**





From the Principal



Dear Parents

Students who use mobile phones at school will have them taken off them and parents can collect them from my office. I've previously indicated that student phones need to remain in bags and are not to be used at school for any reason.

School Starting Time - 2019

After a review of our curriculum requirements and the time allocated to each subject area, it became apparent that we were five minutes short each day. From 2019 we will start the morning at 8:50am NOT 8:55am. This small change will allow the school to meet the mandatory Syllabus time allocations. The decision to gain the extra time at the start of the day rather than extending the day was made to avoid students not meeting public transport transfers, such as buses and ferries. The school, as usual will have staff on duty from 8:25am

Student Safety

While the vast majority of parents are parking safely around the school at drop off and pickup times we still have a small number being totally unreasonable. The most recent example is of a white Mitsubishi Outlander who is repeatedly parking in a no stopping zone on the Emma Street curve opposite the staff car park and then doing a U turn over double lines endangering other parents and students. I have passed on to police the details of the car including the registration, thanks to the community member that provided the photographic evidence, keep them rolling in.

Regards

Mr Greg Jones
Principal



From the Office

Administration Hours:

8:30am - 3:15pm

Term Accounts

Please finalise all outstanding accounts now, so that we can pay our suppliers before our financial year ends. Reminders will be emailed out.

Planning For 2019

We are planning classes for 2019. If you are currently in K-Year 5 and you are leaving Mona Vale Public School please inform the office in writing as soon as possible. Please email monavale-p.school@det.nsw.edu.au with your child's name, class and the school your child is moving to next year.

Year 6 Camp 2019 – Dates For Your Diary

Parents of current Year 5 students, please be aware the Aussie Bush Camp is early in Term 1 in 2019. The camp will be held from Monday 18th Feb to Wednesday 20th Feb. Cost will be confirmed next year, however for budget purposes we can give you a guide of approx. \$300 - \$350.

Gates

Our gates are locked after the bell rings in the morning and unlocked before the bell rings in the afternoon. The front Waratah gate remains open throughout the day. Please be aware if you need to access the school grounds during the day you will need to enter and exit through the Waratah gate. This is for student security. Staff are unable to open the gate to let individuals enter and exit.



From the Office

Administration Hours:

8:30am - 3:15am

Bus Passes 2019

Students currently in Year 2 who hold a school bus pass must re-apply for their bus pass for 2019. All other students who currently hold a bus pass, will be reissued a bus pass in 2019 and this pass will be sent to your home address.

If students need to update their information or re-apply, please go online to <https://apps.transport.nsw.gov.au/ssts/updatedetails>.

Christmas Gift Appeal

There will be a collection point for the Christmas Gift Appeal – gifts will be going to children from Bear Cottage, Stewart House and Dalwood Spilstead. Gifts can be delivered to the school office before Friday 6th December.

Leonie Gallard
School Administration Manager





Calendar

Mona Vale Manners

Week 7

Knock on the
door and wait
when visiting
another class or
office. Say,
"Excuse me..."
when you enter
the room.

*(begins Monday 26th
November)*

WEEK 7

MONDAY 26th

TUESDAY 27th

Scripture Christmas Service
Senior Choir @ Mona Vale House

WEDNESDAY 28th

THURSDAY 29th

Kindergarten @ Botanical Gardens
Super String Soiree & Encore

FRIDAY 30th

Kindergarten @ Botanical Gardens

WEEK 8

MONDAY 3rd

7pm Year 6 Play - 6F, 6K, 3-6S,
K-6C, 6T

TUESDAY 4th

7:30pm P&C Meeting in Staffroom

WEDNESDAY 5th

7pm Year 6 Play - 6OE, 6G, 6M

THURSDAY 6th

9:30am Honour Assembly
5pm Carols Picnic

FRIDAY 7th

Chess Tournament



Wellbeing Week

Wellbeing Week

This year we introduced a 'Wellbeing Week' to be held in the middle of each term. It has been a very successful initiative and one that we will be continuing next year. Here is what the grades were up to this term in Wellbeing Week:

Kindergarten explored meditation and mindfulness to provide each student with the strategies to cope with the transition into Year 1 and the busyness of the end of the year. 'Mindfulness is a whole body-mind state of awareness that involves 'tuning in' to the present moment, with openness and curiosity, instead of 'tuning out' from experience' (Kids Matter). Kindergarten took to the carpet to practice meditation through Cosmic Kids Yoga, a great activity for the classroom or home. They learnt to listen to their bodies, which aides self regulation and builds positive relationships with peers.

Year 1 explored what groups they belong to. They responded to questions about what makes them special, what their strengths are and how they can use their strengths to help others. Students produced an artwork highlighting their strengths and promoting a positive self image.

In **Year 2**, students began exploring effective learning and how they can influence their success. The focus for Wellbeing week was 'Going for Goals'. Students were introduced to a problem solving process which involved thinking through problems that affect people and choosing the best solution. Students considered how they might set an aspirational goal and how they might start to work towards this goal.

This term, **Year 3** had a special calming treat, sharing a movie together in the hall. We hope that they enjoyed the peace and tranquillity of the afternoon, as well as the special time they got to spend with their friends.



Wellbeing Week

Year 4 followed the program 'Stand Together - being reasonable and ethical online'. They learnt about the important qualities of friendships and how to communicate appropriately with others online. There was a focus on the responsibilities that come with being an online friend, including stranger danger.

Year 5 focussed on the wellbeing of our brains. Lots of fresh air, exercise and stretching, which triggers chemicals that strengthen neurons in the brain; healthy eating and plenty of H₂O for hydration; relaxation and reading; Sleep- Year 5 should be getting 9-11 hours a night!!! We also had a relaxing homework week.

During Wellbeing Week this term, **Year 6** had the opportunity to have grade and class discussions about challenges they will be facing in the upcoming weeks. They identified ways they can cope with the transition from primary school to high school in 2019. The students have thought about events they will be experiencing throughout this term and the feelings they have in relation to them, i.e. excitement, sadness, anxiousness, uncertainty, etc. They have spoken about enjoying the opportunities and taking each one as it comes and reaching out for support if they need to. This week, Year 6 had a visit from Pittwater High School students, who used to go to Mona Vale PS, and they were able to ask them questions about high school that will help them in their transition next year.



Presentation Day

Presentation Day

On Thursday, 13th December we will be holding our annual Presentation Day assemblies. There are two assemblies, one for 3-6 students and one for K-2. At Presentation Day, a large number of awards are presented for a wide range of areas. Please see the following for information on these awards.

Cultural awards

There are a number of cultural awards that are presented and recipients are chosen by teachers.

- Eileen Goodall Poetry
- Public Speaking and Debating
- Senior Choir
- Junior Choir
- Year 2 Choir
- Nicole Everson Memorial Award for Dancing
- Senior Girls/boys dance group
- Junior Dance
- Stage 1 Dance
- Drama Award
- Ray Trevor-Wilson Award for Band (3 awards)
- Orchestra Award
- Visual Arts Award

Citizenship Awards

Citizenship awards are presented to those students who have upheld the school's values and shown themselves to be an exemplary citizen throughout the year. The award recipients are chosen by teachers.

- Margaret Collins Citizenship – Year 6 student
- Marie Hunter Memorial Award (2 awards) – Year 2 students
- Elizabeth Crick Citizenship – Year 1



Presentation Day

Sport Awards

- Champion Sport (boy and girl) – points are calculated during the year for representing themselves, the school, the zone, the region and/or the state at various sports carnivals.
- NSW Premier's Sporting Challenge Award – chosen by the Sport Coordinator in consultation with the Principal. This student has achieved personal bests in sport throughout the year and displays exemplary sportsmanship.

Principal Award

The Richard Hoskin Principal Award recognises two senior students for their achievement and school service to staff and fellow students. The recipients are decided on by teachers.

Academic and Class Awards

DUX – highest academic student in English and Mathematics from Year 6.

Year 6 Academic Excellence – awarded to the highest academic student in English and Mathematics from Year 6, not including the Year 6 Opportunities Class.

There are 3 class awards (1 for support classes):

Academic Excellence – top performing academic student in the class

Citizenship – chosen by class teacher

The third award is decided on by the class teacher and may be for such things as: consistent effort, improvement, attitude to learning, etc.

In addition, on Presentation Day we announce the new school leaders to the school community and recognise and award students who have reached the top of our award structure and are receiving a Mona Vale Medallion.

How will I know if my child is receiving an award?
You will receive a letter nearer to the date.

More information on the organisation of the assemblies will be published in upcoming newsletters.



House Winner

Week 6
placegetters are:

1st: Barrenjoey

2nd: Hawkesbury

2nd: Pittwater

4th: Warringah

The winner this week is...

Barrenjoey!





Book Club

Dear students, siblings, parents and grandparents.

Issue #8 brochures of Scholastic Book Club have been handed out to all students. This is the last issue for 2018.

If you would like to place an order, you can do it over the internet and then pay with your credit card. Please, make sure you place your order under your child's class.

If you prefer, I can place your order. You then need to fill in the order form at the back of the brochure. There is only one catalogue for all ages.

The payment can be made by cheque or cash. Place your order with the payment in Book Club's own mailbox in the front office. Envelope or plastic sandwich bag is fine!

I will be closing the Book Club tomorrow, **Friday 23rd November**. That will give everyone a week to look through, and decide what you want to purchase.

If you want to place an order for Christmas or a birthday, as a surprise, write on the order form **NOT TO HAND OUT TO STUDENT** so I can call you when your order has arrived at school. Do not forget to also add your phone number.

I will call you so you can come to school and pick it up.

Thank you ALL for a great Book Club year. I hope you have enjoyed all the books you have purchased as a gift to your child or as a birthday present to someone you know.

I wish you A Merry Christmas and a Happy New Year.

Kind regards

Rita Ericsson
Book Club organiser



**KEEP
CALM
AND
JOIN
BOOK CLUB**



Canteen News

Canteen News

Thanks to all the lovely canteen volunteers for your time and help making the canteen such a vibrant place to work. With the end of year in sight you may find some items out of stock on flexischools as we wind down to empty freezers and pantries for the holiday break.

A few housekeeping notes:

The Friday breakfast has been put on hold for this term.

Forgotten Lunches

From next week any children coming to school without a lunch or without having a lunch order placed properly for them will receive a ham/cheese or vegemite sandwich from the canteen. Parents will be invoiced directly through the school.

We have a couple of days where an extra pair of hands would be appreciated on our roster. If you have time to help out please let me know.

Thanks

Rebecca O'Donnell

Canteen Supervisor

9997 2442

canteen@monavalepspca.com.au



Canteen Roster

	MONDAY 26th	TUESDAY 27th	WEDNESDAY 28th	THURSDAY 29th	FRIDAY 30th
7	Hanna J Mai Simone K	Kirstee H Donna R Deanne	Danielle R Emma K Tracie F Helen M	Christina Marcela Helpers Needed	Helen M Zoe S Danielle G
	MONDAY 3rd	TUESDAY 4th	WEDNESDAY 5th	THURSDAY 6th	FRIDAY 7th
8	Anne W Elaine G	Helen M Skye R	Craig R Danielle R Jack P	Tatum M Mels S	Corrina Julie S Angela I
	MONDAY 10th	TUESDAY 11th	WEDNESDAY 12th	THURSDAY 13th	FRIDAY 14th
9	Kim Angus G Nikki M	Bev M Helpers Needed	Donna R Annie T Emma K	Tina N Danielle R	Bec S Vanessa B Helen M Therese C
	MONDAY 17th	TUESDAY 18th	WEDNESDAY 19th	THURSDAY 20th	FRIDAY 21st
	ONLY SUSHI ORDERS AVAILABLE	ONLY SUSHI ORDERS AVAILABLE	CANTEEN CLOSED Last day for students	Staff Development Day	Staff Development Day



Uniform Shop

Opening Hours

Mondays 2:30pm - 3pm

Tuesdays & Thursdays 8:30am - 10:30am

Year 6: LAST CHANCE TO ORDER BEARS AND BALLS. Forms are available in the Term 4 Notes tab on the website. You can also order on Flexischools. **Orders close 23rd November.**

Year 5: Forms for Graduation Jackets are available in the Term 4 Notes tab on the website. You can order on Flexischools, or in the uniform shop. Please place orders as soon as possible. The quicker we have the order finalised, the sooner the jackets can be delivered. **Please note, no spares are ordered.**

Summer Dress: Please remember that we are nearing the end of the transition period for the changeover of the school summer dresses. It is the expectation of the school for those wearing the dresses to be in the new style from Term 1 2019.



HATS: Only wide brim hats are now available at the Uniform Shop. Students who currently own a cap are able to continue to wear it in 2019. In 2020 ALL students will be required to wear wide brim hats, caps will no longer be a part of our uniform.

Volunteers are always needed, even if you can spare a couple of hours once or twice a month.

If you are able to volunteer in the shop, please go to website
www.carebookings.com.au

Enter event code: **B7MJN** in the green box

Profits made during the year in the uniform shop are given back to the P&C to support initiatives.

MONDAY 26th	TUESDAY 27th	WEDNESDAY	THURSDAY 29th	FRIDAY
	Volunteers Needed	Stocktake J Rogers R Scicluna N Phipps	Volunteers Needed	
MONDAY 3rd	TUESDAY 4th	WEDNESDAY	THURSDAY 6th	FRIDAY
	Volunteers Needed	Volunteers Needed	Volunteers Needed	

Hanna Jones
Uniform Shop Supervisor
uniformshop@monavalepspca.com.au



2019 Term Dates



TERM DATES



2018 - Last day for students is Wednesday 19th December

Staff Development Day - Tuesday 29th January - 2019

Students return - Wednesday 30th January (Years 1-6) (Year 3-6 School Swimming Carnival)

Kindergarten Best Start Assessments – Wednesday 30th January, Thursday 31st January & Friday 1st February

Kindergarten starts - Monday 4th February 2019

1

Staff Development Day – Monday 29th April 2019

Students return – Tuesday 30th April 2019

Last day for students – Friday 5th July 2019

2

Staff Development Day – Monday 22nd July 2019

Students return – Tuesday 23rd July 2019

Last day for students – Friday 27th September 2019

3

Students and Staff return – Monday 14th October 2019

Last day for students – Wednesday 18th December 2019

Please note: last day of Term 4 2018 for students is Wednesday 19th December

4



you are invited to...

mona vale p.s.

STEM Celebration

Please come and celebrate the **hard work**, **dedication** and **success** of our Year 1 and Year 2 soon-to-be scientists!

Students will present their STEM group projects in an 'exhibition' style of afternoon.

Please RSVP to this event by **Monday 26th November 2018**.

Date: Thursday 29th November 2018

Time: 3:15pm to 4:00pm

Location: KGM Classroom



RSVP to the STEM Celebration

Name of Student: _____ Class: _____

Number of Guests: _____

Parent/Carer Signature: _____

Knock
Knock
!



The Scripture teachers of Mona Vale Public School present...

"Who's Who of Christmas"

When: Tuesday November 27

What: Christmas Assemblies

Where: Mona Vale Public School hall

Who: Infants @ 9.15am

Primary @ 10.15am

Scripture classes will all attend

*Children in Non-Scripture/Ethics are very welcome
but need to return the permission note below.*

Families are welcome too.

YOU are invited!

Please detach and return this note by Monday November 26 to your MVPS class teacher if your child **WILL** attend the Christmas Assembly instead of Non-Scripture or Ethics.

Child's Name: _____ Class: _____ Signed: _____

Live Life Well @ School

STAY SAFE ONLINE

Your home may practice cyber safety but your child can still see inappropriate material on someone else's device.

Cyber safety is everyone's business!

For online safety:

- Use an internet filter
- Activate the parental control function on devices
- Supervise internet use
- Let children know that they should tell you if they have any problems online, see something that they know is wrong, or anything that upsets them



For more information:
esafety.gov.au/iparent



Health
Northern Sydney
Local Health District

Camp Australia at Mona Vale Public School

Term 4 has well and truly commenced, and we thought it would be the perfect time to share what we have been doing at Camp Australia in Mona Vale Public School.

We have had heaps of fun during last a few weeks including activities like making pancakes with kids, playing with colourful play doughs, exploring the outdoors and hands in paints.



On Tuesday 13th November the children at After School Care had an amazing time to interact with the local Fire Fighters who visited us. Having the opportunity of listening to the Fire Fighters, holding the hose and visiting the truck were a few of the highlights of this fantastic activity. We were also able to talk about bush fire safety.



Every Thursday after noon we have **Bricks 4 Kids** workshop which is a fun and engaging experience for children to learn and play with Legos by using Robotic and Coding science and technology concepts.



Also we have one hour **Yoga session every Tuesday from 3:15pm- 4:15pm**. Last Tuesday was our first session With Min, our Yoga and Mindfulness instructor. Min is teaching our children yoga therapy which connects to the children in a fun and mindful way. They will be focusing on yoga stretching, self-appreciation and resilience. Feel free to pop by and join in. Yoga mats supplied.



**ATTENTION
PLEASE!**

shutterstock.com · 662713204

Dear Families and Care givers,

As we near towards the end of the year, Camp Australia at Mona Vale Public School has decided to **create care packages for some members of the Australian Defence Force** as a way for us to say thank you and educate children on the importance of giving back into our community.

We are asking families if they would like to support this wonderful cause to please bring in some of the following items which we will then package up with children along with letters from Camp Australia that Defence Members will receive in time for Christmas.

Items that are recommended to be packaged -

- Non aerosol cans (deodorant)
- Shower gel
- Lip Balm
- Pre-packaged lollies
- Non-perishable foods
- Packaged biscuits
- Magazines
- Socks
- Puzzle books

We will be sending these packages off on Wednesday 28th November, so we please ask that you drop your donations off **no later than Monday 26th NOVEMBER**. This will ensure we don't miss the cut-off date for sending these care packages.



We have **Holiday Club** program at Camp Australia in Terry Hills primary School. You can find more information regarding the enrolments and activities on our website.

www.campaustralia.com.au/holidayclubs

If you have any questions please don't hesitate to get in contact with me, Ladan, the Coordinator of Camp Australia at Mona Vale Public School.



CHRISTMAS **CAROLS** in the **PARK**



Saturday
15 December

6.30 – 9.00 pm

Village Park

Mona Vale

Featuring great local singers and musicians

- ☆ Fun for the whole family
- ☆ Top line entertainment
- ☆ Food and refreshments
- ☆ Free lollies for the kids
- ☆ Visit from Santa

Free entry

Enquiries 0417 236 982 or www.rotaryuppernorthernbeaches.org

Event partner: Pittwater Uniting Church

Generously supported by:

LJ Hooker Mona Vale

Col Crawford BMW

Northern Beaches Council

Mona Vale Chamber of Commerce

Pittwater RSL Club

CommBank Mona Vale

Pittwater Day Surgery

Signarama Pittwater

Ann Wilson Funerals

Johnson Bros Mitre 10

Pittwater Pharmacy

Winning Appliances

SAVE THE DATE

COSMETIC & SKINCARE

Christmas

WAREHOUSE SALE

A grey tag with a string attached, reading "HUGE SAVINGS UP TO 80% OFF!".

UNIT 10, 7 JUBILEE AVE, WARRIEWOOD

DUE TO POPULAR DEMAND OUR SALE NOW
BEGINS AT NOON ON FRIDAY

FRIDAY 23rd NOVEMBER 12PM - 5:30PM

&

SATURDAY 24th NOVEMBER 8AM - 3PM

COSMETICS, SKIN CARE, HAIR CARE, NAIL
POLISH, CANDLES & DIFFUSERS, LADIES &
MEN'S TOILETRIES, CHRISTMAS GIFT SETS
& MUCH MORE!

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ABN: 26 136 073 839