

Year 6 Camp Monday 20th May – Wednesday 22nd May 2024

Dear Parents/Guardians,

Our Year 6 camp to The Great Aussie Bush Camp (GABC) at Tea Gardens is on Monday 20th May - Wednesday 22nd May (Week 4, Term 2).

Students will be participating in outdoor recreation programs focusing on team building. They will experience programs within a unique Australian environment by highly trained instructors. Programs are delivered through a sequential approach where 'challenge by choice' allows students to safely go beyond their comfort zones at a pace that feels right for them.

The activities that students will be participating in include:

- 1. Canoeing
- 2. High Ropes
- 3. Flying Fox
- 4. Initiatives
- 5. Rock Climbing
- 6. Giant Swing
- 7. Sand Dunes and Beach Games

Students will travel by coach to the GABC. The cost of the excursion is \$410. This will cover all costs except morning tea on the first day (students will be required to bring this with them). The balance of this was due by the end of Term 1, please finalise all payments as soon as possible.

The permission note is online, so please ensure that you have completed this as previously communicated so we can confirm numbers and organise groups. Please also fill in the attached documents regarding your child's medical and dietary requirements, and permission to participate in aquatic activities. These are to be returned to the classroom teacher by **Friday 10th May.**

Students will be required to be at school on Monday 20th May at 7:20am. Buses will depart at 8:00am. We will arrive back at school at approximately 4:00pm on Wednesday 22nd May. We will notify you via the MVPS school app should this change.

Camp Requirements

Please ensure that all items are labelled with your child's name.

All items should be packed in ONE overnight bag/suitcase. Pillow and sleeping bags should be packed inside the same bag. Students will be required to wheel/carry their own possessions and pack them for our return. Children should bring a day pack to bring on the bus which includes their recess, hat, water bottle, sunscreen and any games/activities they would like to use on the bus.

All personal items and equipment are the responsibility of each child.

What to bring:

- Recess and full water bottle for the Monday journey in a small daypack
- Mess kit (plate, cup and fork) non disposable
- Cup that can hold both hot and cold liquids
- Bottom sheet
- Sleeping bag
- Pillow
- 2 X bath towels
- Plastic bag for wet/dirty clothes
- Toiletries- toothbrush, toothpaste, soap, small packet of tissues
- Pyjamas
- Raincoat
- Beach towel and swimmers
- 2 pairs of covered comfortable shoes e.g: sneakers (thongs will only be permitted in the shower area)
- 3 changes of clothes including underwear and socks (neat, casual clothing with extra layers to take off when on the coach); 2 pairs of shorts if warm weather!
- Warm jacket/coat
- Hat/cap
- Torch (make sure it works)
- Lip balm or chap stick; small containers of sunscreen and hand sanitiser, insect repellent
- If needed, medication in a clear resealable bag clearly labelled with dosage required and times given. This must be clearly prescribed by a doctor in original packaging or blister packs (to be handed to bus teachers before getting on the buses).

Please note: Do not bring mobile phones, smart watches or devices. Mobile phones/smart watches are not needed as emergencies will be dealt with by the supervising staff. As part of self-management, all necessary calls are made via the class teacher and class parents. Please do not pack lollies or confectionary for your child.

It is important for students to maintain an acceptable standard of behaviour at school and on excursions. Students who have been displaying inappropriate behaviour at school may lose their invitation to attend the camp or if students behave in an unsafe or inappropriate way whilst on camp, may require their parents to collect them early.

As it is a long trip to GABC Tea Gardens, we may show a movie to and from the camp. These will be ageappropriate G or PG rated movies chosen by the teachers.

Thank you and if you have any questions, please do not hesitate to contact us. We are looking forward to sharing a wonderful experience with all the children.

The Year 6 Team

Shannan Griffith Principal

PLEASE RETURN THE MEDICAL AND DIETARY INFORMATION CONSENT AND MEDICAL INFORMATION (To be returned to class teacher ASAP)

Student Details	(Please complet	ease complete in BLOCK LETTERS)	
FIRST NAME		SURNAME	
ADDRESS			
AGE	DATE OF BIRTH		
PARENT/GUARDIAN N			
	(B)	(MOBILE)	
EMERGENCY CONTAC	T PERSON (In case parent /	/ guardian cannot be contacted)	
PERSON 1	Р	PHONE	
PERSON 2		PHONE	

Medical Information

Any child coming on the excursion with a medical problem should bring a letter from his/her doctor regarding detailed treatment of the condition.

Medication brought to camp should have the child's name, dosage and dosage times clearly marked and be handed to a member of staff upon arrival at the camp. **It should be clearly prescribed by a doctor.** A copy of any special diet should now be forwarded to the school, prior to the excursion.

The NSW Health Department recommends immunization of children from common childhood diseases such as diphtheria, tetanus, whooping cough, poliomyelitis, measles, mumps and rubella. Although immunization is not compulsory, in the event of an outbreak of an infectious disease it may be necessary to send children who are not immunized home. Camp fees will not be reimbursed in this instance.

PLEASE READ THE FOLLOWING POINTS CAREFULLY AND PROVIDE US WITH ANY RELEVANT INFORMATION ABOUT YOUR CHILD.

* My child has the following special needs:

* List existing medical conditions or illnesses (include asthma, diabetes, epilepsy, allergies etc). Outline the treatment for each.

* Medication(s) to be administered during the excursion. Include name of medication, instructions for administration, time of administration, dosage and any possible reactions.

* Outline special dietary needs including possible health/medical reactions to inappropriate diet. If applicable, please include any religious dietary requirements.

Medical Treatment

In the event of an accident, first aid will be administered to your child and depending on the severity of the injury, parents will be contacted.

Tetanus - date (month/year) of last tetanus injection _____

Panadol - I give/do not give permission to administer Panadol to my child. (please circle response)

Structured Aquatic Activities Permission

This camp/excursion will involve structured aquatic activities including raft building and closely supervised swimming at the beach. These activities will take place at The Great Aussie Bush Camp- Tea Gardens.

In relation to the proposed structured aquatic activities (please circle response):

My child is permitted to go in the water.

My child is not permitted to go in the water.

SIGNED: _____

Parent/Carer

Date

My child is (please circle response):

A non-swimmer: My child is unable to swim.

A weak swimmer: My child is comfortable and confident in shallow water but cannot swim very well.

An average swimmer: My child is a reasonable swimmer but is not very strong or confident in deep water.

A strong swimmer: My child is a strong swimmer and is very confident in deep water.

SIGNED: _____

Parent/Carer

Date